# CITYSCENE

Vol. 36, No. 2

Recreation Center, Recreation Programs and City Information

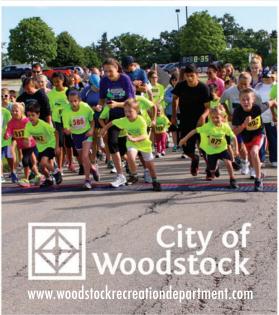






# SUMMER 2016





# PROUDLY SERVING OUR WOODSTOCK COMMUNITY

THEY UNDERSTAND ALL OF MY
NEEDS FROM WEALTH MANAGEMENT
TO ESTATE PLANNING AND EVERYTHING
IN BETWEEN.

- Chris Dahm at Dahm Trucking, Inc.; Dahm Enterprises, Inc.;

Dahm Resources, Inc.; Woodstock



## WE VALUE YOUR VISION.

Crystal Lake \* Huntley \* McHenry \* Woodstock

815.338.2300 | Amcombank.com





WOODSTOCK'S MOST COMPLETE FITNESS CENTER

820 Lake Ave • Woodstock, IL 60098 815.338.4363

#### HOURS OF OPERATION FOR RECREATION DEPARTMENT AND RECREATION CENTER

Monday-Friday

5:00 am to 9:00 pm

Saturday & Sunday

7:00 am to 5:00 pm

Call to verify holiday hours.

Pages 33-39

#### 2016 Season

Saturday, May 28 thru Monday, September 5

#### REMINDER...

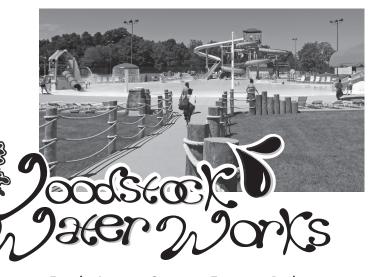
All Pool Passes must be purchased at Woodstock Recreation Center. Pool Passes will not be sold at Woodstock Water Works.

#### Season Opens

Saturday, May 28

- Discounted Pool Pass Rates
- Pool Pass Information

Pages 2-7



Family Aquatic Center in Emricson Park Located at 1313 Kishwaukee Valley Rd.











820 Lake Ave • Woodstock, IL 60098 815.338.4363 www.woodstockrecreationdepartment.com Program Pages 8-32



Located at 1313 Kishwaukee Valley Rd.

#### Season Dates: Saturday, May 28 - Monday, September 5



#### **OPEN SWIM HOURS**

#### **OPEN SWIM HOURS**

Sun-Thu noon-7:00 pm Fri & Sat noon-8:00 pm

Weekend hours ONLY beginning August 13



# REC POOL AND BABY POOL OPENS AT 11:00 am for POOL PASS HOLDERS

MUST HAVE SEASON PASS. NO DAILY FEE ADMISSION FROM 11:00 am - 12:00 noon

#### **ADULT LAP SWIM HOURS • Begins May 28**

Mon -Fri	6:00-7:00 am (8 lanes)
Mon-Fri	7:00-7:30 am (6 lanes)
Mon- Fri	Noon-1:00 pm (8 lanes)
Tue & Thu	7:00-8:00 pm
	Class (2 lanes)
	14 & Up( 2 lanes)
	Adult 18 & Up (4 lanes)
Sat & Sun	11:00 am-Noon (8 lanes)



#### **POOL CLOSINGS**

- Woodstock Water Works may close early on days of inclement weather or if lightning is sighted or thunder is heard.
- If Woodstock Water Works does not open at noon due to inclement weather, the earliest it will open, weather permitting, is 3:00 pm.
- Woodstock Water Works reserves the right to close the pool due to low attendance. The pool will close at 3:00 pm or 7:00 pm if the attendance is 25 or less.
- Woodstock Water Works reserves the right to close specific areas of the facility so the rest of the facility can remain open.
- Health code requires the pool to be cleared for a minimum period of 1 hour in the event of a fecal/vomiting accident so that chemical adjustments can be made to the pool water.
- Woodstock Water Works reserves the right to close the facility for special events and programs.

#### **MODIFIED POOL HOURS AND RATES**

#### **MEMORIAL DAY HOURS - MONDAY, MAY 30**

1:00-6:00 pm

\$3 Daily Admission for Non-Pass Holders

#### **THURSDAY, JUNE 9**

The pool will close at 6:00 pm

#### **4TH OF JULY**

11:00 am-5:00 pm

\$4 Daily Admission for Non-Pass Holders

## GAVERS COMMUNITY CANCER FOUNDATION'S BARNDANCE

**SATURDAY, JULY 16** 

The entire facility will close at 4:00 pm.

#### LABOR DAY HOURS - MONDAY, SEPTEMBER 5

11:00 am-6:00 pm

\$4 Daily Admission for Non-Pass Holders

#### SWIM LESSON INFORMATION

Please see PAGE 8 for specific swim lesson policies.



#### PRIVATE POOL RENTAL – SUCH A SPLASH!

RENT THE POOL AFTER OPEN SWIM HOURS FOR YOUR FAMILY GET-TOGETHER OR CORPORATE PARTY!

Rentals are booked at the Recreation Department and fees must be paid in full at time of reservation. Reserve pool and pavilions beginning May 1.

#### **POOL RENTAL FEES**

#### **AVAILABLE DATES & HOURS**

1-50 people	\$150	June 4-August 9		
51-100	\$250	Saturday	9:00-11:00 am	
101-150	\$350	Saturdays	8:15-10:15 pm	
151-200	\$450	Mondays	8:15-10:15 pm	
201-250	\$550	Tuesdays	8:15-10:15 pm	
251 and up*	\$600	Sundays	7:15-9:15 pm	

<sup>\*</sup> Exclusive use of entire pool.

#### **POOL PAVILION RENTAL INFORMATION**



#### During Open Swim Hours —

Sun-Thu/1:00-6:30 pm • Fri & Sat 1:00-7:30 pm The WWW has one pavilion (the West Pavilion) available to rent. Rental is in 2-hour time blocks. Fee is \$25.00 for Residents/\$40.00 for Non-Residents. There is no limit to the number of time blocks that can be reserved.

During Private Pool Rentals — Both pavilions (the East Pavilion & the West Pavilion) are

available to rent during private pool rentals – first come, first served. The fee for a pavilion during a private rental is \$25.00 for Residents & Non-Residents.

#### **GENERAL INFORMATION**

- Woodstock Water Works is divided into 6 sections for facility rentals. Unless you reserve the entire facility, exclusively, you may share the pool with other groups.
- Saturday morning pool rentals will be required to exit the facility before open
- Rental rates include full supervision by our professional guarding staff.
- Contact the Recreation Office at 815.338.4363 for more information.



#### POOL RULES TO REMEMBER FOR A HASSLE-FREE SUMMER

- ALL children under the age of 10 MUST have adult supervision. Supervisor must be no younger than 16 years of age.
- All swimmers must wear a lined swimming suit. Street clothing such as cut-off shorts, t-shirts, workout clothes etc. is not permitted.
- A swim diaper is required to be worn by all participants who wear diapers or incontinence briefs.
- No flotation devices of any kind are allowed in the Lap and Zero-depth pools (water wings, lifejackets, rafts, noodles, etc.).
- Facemasks, snorkels and fins are not allowed in the pool.
- To utilize the wading pool, children must be 6 years and younger and must be accompanied by a guardian, 16 years and older.
- Woodstock Water Works is not responsible for lost/stolen items.
- Grilling is not allowed in the Woodstock Water Works facility.

SEASON POOL PASSES must be purchased at the Woodstock Recreation Center, 820 Lake Ave.

Season Passes WILL NOT be sold at Woodstock Water Works!

#### **WOODSTOCK WATER WORKS INFORMATION & RATES**

# IF YOU ARE A <u>FIRST TIME</u> SEASON POOL PASS PURCHASER, YOU MUST PURCHASE SEASON POOL PASSES IN PERSON AT THE RECREATION CENTER.

Each family member four years or older must have their picture taken. PROOF OF RESIDENCE AND **ALL CHILDREN'S BIRTH CERTIFICATES ARE REQUIRED** FOR FIRST TIME PASS HOLDERS.

Family passes are valid for immediate family members defined as parent(s) and dependent children (under 18) living at the same address. A maximum of two adults is allowed on the pass. (Excludes nephews, nieces, cousins, aunts, uncles, grandchildren, and grandparents.) A photo pool pass will be required for admittance. Children ages 3 and under are admitted free with a paid adult and are not required to have a pool pass.

#### IF YOU PURCHASED SEASON POOL PASSES LAST YEAR AND STILL HAVE YOUR PASSES

Pictures will not have to be taken again. Just fill out a renewal form on Page 5, include the appropriate fee, and mail, drop off or use the night deposit slot after hours at the Recreation Center, 820 Lake Avenue. Passes will be updated in the computer. **All children under the age of 12 must have a photo pool pass printed which includes a birthdate.** 



IF THERE ARE NO CHANGES TO YOUR SEASON PASSES YOU CAN RENEW THEM ONLINE AT WWW.WOODSTOCKRECREATIONDEPARTMENT.COM

#### IF YOU PURCHASED SEASON PASSES LAST YEAR AND DO NOT HAVE YOUR POOL PASS

Fill out the renewal form and bring it to the Recreation Center to make your payment and pick up new pass. Pictures will not need to be taken, unless an individual's appearance has changed.

#### **SEASON POOL PASS RATES**

	City of Woodsto	ck
	<u> Resident</u>	Non-Resident
Individual	\$60	\$110
Two Family	90	160
Three Family	110	200
Four Family	125	230
Each additional		
family member	15	30
Replacement pass	5	5

#### **DAILY RATES**

	<sup>*</sup> <u>Resident</u>	Non-Resident	
Adult	\$7	\$9	
Children (ages 4-17)	5	7	
Senior (62 and older)	5	7	
Adult Lap Swim Only	2	3	
Children, ages 3 years & u	nder, are admitted free w	rith a paid adult.	

City of Woodstock

#### TWILIGHT RATES (Begins at 5:00 pm)

	City of Woodstock	
	<u>Resident</u>	Non-Resident
Adult	\$4	\$5
Children (age 4-17)	3	4
Senior (62 and older)	3	4

#### Season Pool Pass Holder GUEST PASS

For the season pool pass holders wishing to bring friends, family and out of town guests to the pool – this pass is for you! The pass is issued under the pass holders name and can be used by several different people or the same person. Guest passes can only be purchased at the Woodstock Recreation Center. There will be no refunds issued at the end of the season for unused visits and lost pool passes.

\$30/5 Woodstock Water Works Visits



#### WOODSTOCK WATER WORKS 5

NEW SEASON POOL PASSES must be purchased at the Woodstock Recreation Center. Season Passes WILL NOT be sold at Woodstock Water Works!

If there are **NO CHANGES** to your passes you can renew them online at **www.woodstockrecreationdepartment.com** 

#### WOODSTOCK WATER WORKS 2016 SEASON PASS NEW/RENEWAL FORM

Importa	nt Information:					
	ou must present your pool pass each tir	ne you enter the facility.			PLEASE NO	
	nildren 3 years and younger are not re				ou need new phose complete the	
	pool pass, but should be listed in our f	,	_	and <u>br</u>	<u>ring it</u> to the Rec	reation Center,
	Season Pass Renewal			3	320 Lake Ave. to	process.
Adult Regi	(Please check approp strant or Parent/Guardian			Email		
Address_		C	City		Zip	
Home Pho	oneBu	siness Phone Mom		Business F	Phone Dad	
	Ce	Il Phone Mom		Cell Phone	e Dad	
Emergenc	y Contact	Phone		Relations	ship	
In case	parent/guardian cannot be reach	ed				
	First Name	Last Name	Sex M/F	Birthdate	Age	Grade as of 2014/2015 School Year
Adult						
Adult						
Child						
Child						
Child						
Child						
PASS FEE		Method of Paymen	nt: Cash	Che	eck #	
	equirements/Concerns:					
	refully read the insurance liabil ardian if under 18.	ity waiver below and u	nderstand the	e signature is r	required below	w of applicant or
	ardian if under 18.		Date			
Insurance Li	ability Waiver					

will be waiving and releasing all claims for injuries you or your child/ward might sustain arising out of the activities of this program. Your signature is required on this form.

"I recognize and acknowledge that there are certain risks of physical injury to participants in programs and I agree to assume the full risk of any such injuries, damages or loss regardless of severity which I or my child/ward may sustain as a result of participating in any activities connected or associated with any such program."

"I agree to waive and relinquish all claims I or my child/ward may have as a result of participating in the program against the City of Woodstock and its officers, agents, servants and employees."

"I do hereby fully release and discharge the City of Woodstock and its officers, agents, servants, and employees from any and all claims resulting from injuries, damages, and losses sustained by me or by my child/ward, and arising out of, connected with, or in any way associated with the activities of any of the program(s)."

"I have read and fully understand the above release and waiver form."

Photo Policy—Participants or their parents (if participant is under 18) permit the taking of photos, audio & videotapes during Recreation Department activities for publication and use as the Recreation Department deems necessary.

Email Policy—At the Woodstock Recreation Department we are committed to protecting your privacy. We use the email addresses we collect to process your receipts and to keep you up to date with news and special offers. We do not sell or rent individual customer names or other personal information to third parties.

## Pool Pass Perks!

#### GET AN EXTRA HOUR...

The Rec Pool and Baby Pool will open at 11:00 am for Pool Pass Holders ONLY, 7 days per week.



MUST HAVE SEASON PASS. NO DAILY FEE ADMISSION FROM 11:00 am - 12:00 noon

#### DIP N' DONUTS SUNDAY, JUNE 5 9:30 AM - 11:00 AM

A private party for Season Pass Holders ONLY. Join us for a dip in the pool and donuts and coffee, while supplies last.

#### DIP N' DOGS THURSDAY, JULY 7 8:15-10:15 PM

A private party for Season Pass Holders ONLY. Join us for a dip in the pool and hotdogs, while supplies last.

## **Splashtastic Specials**

Friday, June 10 · Family Day \$10 admission per family. Immediate family members only

Sunday, June 19 • Fathers for FREE Fathers FREE with paying child(ren).

Monday, July 4 • \$4 on the 4th Admission today is only \$4. Hours are 11:00 am-5:00 pm.

Monday, July 11 • Family Day \$10 admission per family. Immediate family members only.

Sunday, August 14 • Family Day \$10 admission per family. Immediate family members only.

# **Weekly Events**

# MONDAY POOLSIDE BINGO

Play Bingo with the Woodstock Water Works staff every Monday at 2:00 & 3:00 pm.



# TY & TYE DYE TUESDAY

Ty the Turtle will visit the pool on Tuesdays during the summer. Tuesdays are also for Tye Dye! Purchase a Woodstock Water Works shirt and tye dye with staff at various times throughout the summer.



#### FRIDAY NOODLE NIGHT

Friday nights from 6:00-8:00 pm are noodle nights. Noodles will be the only floatable

devices allowed during this time.

Time: 6:00-8:00 pm

#### TWEEN NIGHT at Woodstock Water Works



Tweens, ages 5th Grade to 8th Grade, can enjoy Wednesday nights at Woodstock Water Works. An excellent opportunity to get out and have fun!!! Open swim, music, planned activities, raffles, food specials and best of all:

#### NO PARENTS!!!

FREE for Pool Pass Holders Fee:

\$3 Non-Pool Pass Holders

Time: 8:15-9:30 pm

> (parents, please pick up promptly at 9:30 pm)

**BEGINS JUNE 1** 



#### **Pool Olympics** Saturday, June 18

12:00 pm-8:00 pm Grab your passport for a day of fun as Woodstock Water Works transforms into an Olympic Arena full of fun and games.

#### MOVIES IN THE PARK AT **W**oodstock WATER WORKS

Join the Woodstock Water Works Staff in crafts and fun in the weeks leading up to each movie! The movie will be shown at 8:30 pm in the lawn at Woodstock Water Works. See page 42 for Movies in the Park Under the Big Tent on July 14.

Friday, June 24 - Dolphin Tale Friday, August 5 - Surf's Up



11:00 am-4:00 pm Pull out your grass skirts and Hula with the Woodstock Water Works staff!

Potts & Pans, Kalia Jefferson Aloha Dancers and Kona Ice will join us as well.

#### **BACK TO SCHOOL NIGHT** Friday, August 12

4:00-8:00 pm Spirit Night at Woodstock Water Works! Wear your school colors and make yourself known that you are there supporting your school!



5K, 10K, Family Runs

SATURDA **JUNE 11, 2016**  See page 44 for more information



#### YOUTH AND ADULT **SPRINT EVENTS**

**Emricson Park** Woodstock **Water Works Aquatic Center** 

SUNDAY, AUGUST'7,

See page 27 for more information

Children must be the age or grade listed by the first day of the program-no exceptions. When grade is listed, grade level applies to the 2016-2017 school year.

#### AMERICAN RED CROSS LEARN TO SWIM PROGRAM

#### **LEVEL I-VI** 4 YEARS & UP

The American Red Cross Learn to Swim Program is designed to enhance participant's ability to progress from one level to the next. Water safety skills will be taught at all levels. It is not unusual for a child to repeat a level more than once before passing. Attention span is also a key skill in passing from one level to the next. Deadline to register for each session is the Thursday prior to the session starting date. Registration will NOT be accepted at Woodstock Water Works. 8 Classes Min/Max: 6/10

**Location: Woodstock Water Works** 

\$75 Resident/\$95 Non-Resident Fee:

#### LEVEL II

Success with fundamental skills such as floating without support, using simultaneous and alternating leg and arm actions, introduction to treading water, finning, changing positions from front to back and water safety skills.

CLASS	DATES	DAYS	TIME	Program #
Level II	Jun 20-Jun 30	M-Th	8:30-9:10 am	121012A
Level II	Jun 20-Jun 30	M-Th	9:15-9:55 am	121012B
Level II	Jun 20-Jun 30	M-Th	10:00-10:40 am	121012C
Level II	Jun 20-Jun 30	M-Th	7:15-7:55 pm	121012D
Level II	Jul 11-Jul 21	M-Th	8:30-9:10 am	121012E
Level II	Jul 11-Jul 21	M-Th	9:15-9:55 am	121012F
Level II	Jul 11-Jul 21	M-Th	10:00-10:40 am	121012G
Level II	Jul 11-Jul 21	M-Th	7:15-7:55 pm	121012H
Level II	Jul 25-Aug 4	M-Th	8:30-9:10 am	121012J
Level II	Jul 25-Aug 4	M-Th	9:15-9:55 am	121012K
Level II	Jul 25-Aug 4	M-Th	10:00-10:40 am	121012M
Level II	Jul 25-Aug 4	M-Th	7:15-7:55 pm	121012N

#### LEVEL I

Feel comfortable in the water and enjoy water include: Skills entering and exiting the water unassisted, blowing bubbles with mouth and nose, floating with support, arm action, kicking and water safety skills.



CLASS	DATES	DAYS	TIME P	rogram #
Level I	Jun 20-Jun 30	M-Th	8:30-9:10 am	121011A
Level I	Jun 20-Jun 30	M-Th	9:15-9:55 am	121011B
Level I	Jun 20-Jun 30	M-Th	10:00-10:40 am	121011C
Level I	Jun 20-Jun 30	M-Th	7:15-7:55 pm	121011D
Level I	Jul 11-Jul 21	M-Th	8:30-9:10 am	121011E
Level I	Jul 11-Jul 21	M-Th	9:15-9:55 am	121011F
Level I	Jul 11-Jul 21	M-Th	10:00-10:40 am	121011G
Level I	Jul 11-Jul 21	M-Th	7:15-7:55 pm	121011H
Level I	Jul 25-Aug 4	M-Th	8:30-9:10 am	121011J
Level I	Jul 25-Aug 4	M-Th	9:15-9:55 am	121011K
Level I	Jul 25-Aug 4	M-Th	10:00-10:40 am	121011M
Level I	Jul 25-Aug 4	M-Th	7:15-7:55 pm	121011N

#### **LEVEL III**

Additional guided practice to skills from Level II, learning water, front crawl, back crawl, beginning head first entries, introduction to scissors kick, elementary back stroke, rotary breathing, introduction to the dolphin kick and water safety skills.

CLASS	DATES	DAYS	TIME P	ogram #
Level III	Jun 20-Jun 30	M-Th	8:30-9:10 am	121013A
Level III	Jun 20-Jun 30	M-Th	9:15-9:55 am	121013B
Level III	Jun 20-Jun 30	M-Th	10:00-10:40 am	121013C
Level III	Jun 20-Jun 30	M-Th	7:15-7:55 pm	121013D
Level III	Jul 11-Jul 21	M-Th	8:30-9:10 am	121013E
Level III	Jul 11-Jul 21	M-Th	9:15-9:55 am	121013F
Level III	Jul 11-Jul 21	M-Th	10:00-10:40 am	121013G
Level III	Jul 11-Jul 21	M-Th	7:15-7:55 pm	121013H
Level III	Jul 25-Aug 4	M-Th	8:30-9:10 am	121013J
Level III	Jul 25-Aug 4	M-Th	9:15-9:55 am	121013K
Level III	Jul 25-Aug 4	M-Th	10:00-10:40 am	121013M
Level III	Jul 25-Aug 4	M-Th	7:15-7:55 pm	121013N

#### AMERICAN RED CROSS LEARN TO SWIM PROGRAM

8 Classes Min/Max: 6/10

Location: Woodstock Water Works

Fee: \$75 Resident/\$95 Non-Resident

#### **LEVEL IV**

Develop confidence in front and back crawl and elementary backstroke, begin learning the breaststroke, butterfly, sidestroke, open turns, diving and water safety skills.



CLASS	DATES	DAYS	TIME Pr	ogram #
Level IV	Jun 20-Jun 30	M-Th	11:00-11:45 am	121014A
Level IV	Jul 11-Jul 21	M-Th	11:00-11:45 am	121014B
Level IV	Jul 25-Aug 4	M-Th	11:00-11:45 am	121014C

#### **LEVEL V**

Provides further coordination of strokes and working on flip turns, surface diving and water safety skills.

CLASS	DATES	DAYS	TIME P	rogram #
Level V	Jun 20-Jun 30	M-Th	11:00-11:45 am	121015A
Level V	Jul 11-Jul 21	M-Th	11:00-11:45 am	121015B
Level V	Jul 25-Aug 4	M-Th	11:00-11:45 am	121015C

#### **LEVEL VI**

Refines the strokes so students swim them with ease, efficiency and power over greater distances, demonstration of all turns and water safety skills.

CLASS	DATES	DAYS	TIME P	rogram #
Level VI	Jun 20-Jun 30	M-Th	11:00-11:45 am	121016A
Level VI	Jul 11-Jul 21	M-Th	11:00-11:45 am	121016B
Level VI	Jul 25-Aug 4	M-Th	11:00-11:45 am	121016C

#### **JUNIOR GUARD**

Age: 11-14

Want to learn what a lifeguard does and what training they go through? Join us for our junior lifguard class and learn some of the things a real lifeguard would do to ensure patrons are safe in and around the water and how to react in an emergency situation. Participants must be at a level 4 or higher swim level. Participants will not be certified as a lifeguard after taking this class. 6 Classes Min/Max: 6/10



Instructor: Leslie Behrns, ARC Instructor
Location: Woodstock Water Works

**Day/Time:** W/7:15A-8:15P

 SESSION
 PROGRAM #

 Jun 22-Jul 27
 121211A

Fee: \$65 Resident/\$85 Non-Resident Fee as of June 16: \$70 Resident/\$90 Non-Resident

#### LIFEGUARD TRAINING

Age: 15 & up

Prepare for the 2017 Season. This class provides entry-level participants the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for breathing and cardiac emergencies, injuries and sudden illnesses until EMS personnel take over. Prerequisites: Must be 15 years of age, swim 300 yards continuously, tread water for 2 minutes using only the legs, complete a timed event within 1 minute, 40 seconds starting in the water, swim 20 yards, surface dive to a depth of 7 to 10 feet to retrieve a 10-pound object, return to the surface and swim 20 yards on the back to return to the starting point and exit the water without using a ladder or steps. Min/Max: 6/10

Instructor: Leslie Behrns, ARC Instructor
Location: Woodstock Water Works

**Day/Time:** M-Su/10:00A- 4:00P

 SESSION
 PROGRAM #

 Jul 05-09
 121091-A

 \$220 Resident/\$240 Non-Resident

# AUATICS POLICIES

- Aquatics classes will be cancelled only in the event of severe weather.
- You will **not** receive a phone call if classes are cancelled. Please check email, text, <u>www.woodstockrecreationdepartment.com</u> or Facebook for updated class information.
- Fridays are used as rain dates. Two rain dates are available each session.
- Refunds/credits will not be issued due to missed lessons for inclement weather.
- During a session when the air temperature is cool or the weather conditions are questionable, every effort
  will be made to conduct classes. Safety procedures and out-of-water instruction will take place during
  cooler weather when appropriate.

Fee:

# AQUATICS POLICIES

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- Fridays are used as rain dates. Two rain dates are available each session.
- Refunds/credits will not be issued due to missed lessons for inclement weather.
- During a session when the air temperature is cool or the weather conditions are questionable, every effort
  will be made to conduct classes. Safety procedures and out-of-water instruction will take place during
  cooler weather when appropriate.



#### **BUBBLE CLUB**

Age: 2-3

Splash away the morning at Woodstock Water Works. Your little one can enjoy playing with their friends in the sand, doing crafts, playing games and splashing in the baby pool during this supervised time. 8 Classes Min/Max: 6/10

Location:	Woodstock Water Works
Fee:	\$70 Resident/\$90 Non-Resident

CLASS	DATES	DAYS	TIME Pr	ogram #
Bubble Club	Jun 20-Jun 30	M-Th	9:50-10:20 am	111171A
<b>Bubble Club</b>	Jul 11-Jul 21	M-Th	9:50-10:20 am	1111 <i>7</i> 1B
<b>Bubble Club</b>	Jul 25-Aug 4	M-Th	9:50-10:20 am	111171C

#### **PARENT-TOT**

#### Age: 6 months-3 years with Parent

For children that submerge reluctantly or not at all, or require floatation support at all times. A parent, required to be in the water at all times, will learn information and techniques to supervise water activities in a safe manner and to help children develop a comfort level in and around the water. Fridays will be used as a make-up day if lessons are cancelled due to inclement weather. 8 Classes Min/Max: 6/12

**Location:** Woodstock Water Works **Fee:** \$70 Resident/\$90 Non-Resident

CLASS	DATES	DAYS	TIME	Program #
Parent Tot	Jun 20-Jun 30	M-Th	10:30-11:00 am	111161A
Parent Tot	Jul 11-Jul 21	M-Th	10:30-11:00 am	111161B
Parent Tot	Jul 25-Aug 4	M-Th	10:30-11:00 am	111161C

#### INTRO TO WATER SKILLS

Age: 3-4

This class is designed for the child that is ready for more advanced water skills without mom or dad. Participants will develop a comfort level and readiness for Level I, age permitting.

8 Classes Min/Max: 6/10

**Location:** Woodstock Water Works **Fee:** \$70 Resident/\$90 Non-Resident

CLASS	DATES	DAYS	TIME	Program #
Intro to Water	Jun 20-Jun 30	M-Th	9:15-9:45	am 111181A
Intro to Water	Jul 11-Jul 21	M-Th	9:15-9:45	am 111181B
Intro to Water	Jul 25-Aug 4	M-Th	9:15-9:45	am 111181C

# LEVEL I-III INTENSIVE PRIVATE LESSONS

Age: 3 & up

An instructor will be paired with a student during this one on one individualized instruction according to their swimming needs. Individuals will be taught by our certified staff. Requests for instructors will not be honored. No make-up classes are available. Must be able to attend all five days.

5 Classes Min/Max: 1/5

**Location:** Woodstock Water Works

Fee: \$110 Resident/\$130 Non-Resident

CLASS	DATES	DAYS	TIME	Program #
Private Lessons	Jun 6-Jun 10	M-F	8:30-9:00 am	121121A
<b>Private Lessons</b>	Jun 6-Jun 10	M-F	9:10-9:40 am	121121B
Private Lessons	Jun 6-Jun 10	M-F	9:50-10:20 an	n 121121C
<b>Private Lessons</b>	Jun 13-Jun 17	M-F	8:30-9:00 am	121121D
Private Lessons	Jun 13-Jun 17	M-F	9:10-9:40 am	121121E
<b>Private Lessons</b>	Jun 13-Jun 1 <i>7</i>	M-F	9:50-10:20 an	n 121121F

TURN TO **PAGE 25**FOR BEGINNING ADULT SWIM SKILLS

Children must be the age or grade listed by the first day of the program-no exceptions. When grade is listed, grade level applies to the 2016-2017 school year.

#### TROTTING TOTS

Age: 3-6



Horseback riding, especially for young children, opens developmental doorways that can lead to a happy and balanced life. This program is designed for 3-6 year olds and builds on the benefits of horseback riding to sharpen focus, instill confidence and improve muscle coordination, core strength, balance and flexibility. Your young child will learn how to communicate with the horse through body signals and cues. They will learn how to groom and saddle a

horse as well. Games, songs and body movement in the saddle help develop not only the mechanics of horseback riding but also your child's listening skills, sense of responsibility and creative expression. This class will be one on one with an instructor for 40 minutes for 4 classes. Time slots are available Monday-Saturday. Register with the Recreation Department and then contact John White Stables to set up your time slot. 4 Classes Min/Max: 1/15

John White Stables Staff Instructor:

Location: John White Stables, 4319 McCauley Road

Day/Time: M-Sa/10:00A-6:00P

> <u>SESSION</u> May 02-Aug 31 116041-A

Schedule the 4 classes directly with JWS

Phone: 815.245.2585 Email: whitelisajo@aol.com

Fee: \$135 Resident/\$155 Non-Resident

#### LITTLE DRAGONS KARATE

Age: 3-4 with Parent

This class is designed to teach kids the very basics with the parents help. The kids will learn basic kicks, basic hand techniques, stances, balance and very basic karate form. Most of the interaction in class will be the parents learning with their kids so the parents can help their child at home. The class will help improve each student with Focus, Memory, Teamwork, Discipline, Self Control, Fitness, Balance and Coordination. This class is designed to be fun but also to teach as much martial arts as possible for the child's ability. No uniform required-wear long pants and loose clothing. 10 Classes Min/Max: 6/10

John Byard, 5th Degree Black Belt Instructor:

Location: Rec Center MP Room A

Day/Time: W/6:45-7:15P

**SESSION** PROGRAM # Jun 15-Aug 24 116101-A Exc. 07/06

\$70 Resident/\$90 Non-Resident Fee. \$75 Resident/\$95 Non-Resident Fee as of Jun 9:

#### LITTLE SPORTSTARS

Age: 2-4 with Parent

Are you ready to learn how to swing a bat, hockey stick or golf club? How about learning to run and jump or throw or kick a ball? During this parent/child program, learn basic skills that develope fundamental motor skills, handeye coordination and listening skills.

4 Classes Min/Max: 8/12



Instructor: Courtney DeBolt-Slinko Location: Rec Center Gym

Day/Time: M/10:45-11:30A

> SESSION PROGRAM # Jun 06-27 116063-A

\$25 Resident/\$37 Non-Resident Fee: Fee as of May 31: \$30 Resident/\$42 Non-Resident

Day/Time: M/10:45-11:30A

> **SESSION** Jul 11-Aug 01

Fee: \$25 Resident/\$37 Non-Resident Fee as of Jul 5: \$30 Resident/\$42 Non-Resident



SUNDAY, AUGUST 28 10:00 AM - 2:00 PM



Contact Becky at byidales@woodstockil.gov if your company would like to feature a vehicle in this year's event.

#### EARLY CHILDHOOD

#### **TOT ROCK**

#### Age: 1-2 with Parent

Musical fun for everyone! Tot Rock is a unique combination of music and movement, sensory stimulation and socialization. Tot Rock provides structured and unstructured time for tots to improve fine motor skills and coordination, and work on newly-acquired gross motor skills. Activities involve a variety of manipulatives, including maracas, tambourines, bean bags, bubbles, parachute play and much more! New curriculum presented each session. Sing, dance and play with us today! <a href="https://www.rockitkids.com">www.rockitkids.com</a> 8 Classes Min/Max: 4/12

**Instructor:** Kid Rock Staff

Location: Rec Center MP Room A

**Day/Time:** W/ 9:15- 9:55A

 SESSION
 PROGRAM :

 Jun 15-Aug 10
 116071-A

Exc. 07/06

Fee: \$78 Resident/\$98 Non-Resident
Fee as of Jun 9: \$83 Resident/\$103 Non-Resident







#### KID ROCK

# 20 Months - 3 Years with Parent

At Kid Rock, it's always a musical day! Kid Rock is a multi-faceted music and movement program that focuses on song and dance, rhythm and rhyme, imaginative play, fine and gross motor skills, and following directions. Instruments and props include hand bells, maracas, tambourines, scarves, bean bags, parachute play and much more! New curriculum presented each session. It's music and fun rolled into one! <a href="https://www.rockitkids.com">www.rockitkids.com</a>. 8 Classes Min/Max: 4/12

Instructor: Kid Rock Staff

Location: Rec Center MP Room A

**Day/Time:** W/10:00-10:40A

 SESSION
 PROGRAM

 Jun 15-Aug 10
 116081-A

Exc. 07/06

Fee: \$78 Resident/\$98 Non-Resident
Fee as of Jun 9: \$83 Resident/\$103 Non-Resident

#### KID ROCK II

Age: 3-4

At Kid Rock, it's always a musical day! Kid Rock is a multi-faceted music and movement program that focuses on song and dance, rhythm and rhyme, imaginative play, fine and gross motor skills, and following directions. Instruments and



props include hand bells, maracas, tambourines, scarves, bean bags, parachute play and much more!

New curriculum presented each Session. It's music and fun rolled into one! <a href="https://www.rockitkids.com">www.rockitkids.com</a>. 8 Classes Min/Max: 4/12

**Instructor:** Kid Rock Staff

Location: Rec Center MP Room A

**Day/Time:** W/10:45-11:25A

<u>SESSION</u> <u>PROGRAM #</u> Jun 15-Aug 10 116091-A

Exc. 07/06

Fee: \$78 Resident/\$98 Non-Resident Fee as of Jun 9: \$83 Resident/\$103 Non-Resident

TURN TO **PAGE 23** FOR TWEEN PROGRAMS

TURN TO **PAGE 24** FOR ADULT PROGRAMS



#### PARENT TOT GYMNASTICS

Age: 1-2 with Parent

This class is designed to enhance motor, listening and social skills through fun gymnastics oriented activities. An adult is expected to actively participate with their child. 6 Classes Min/Max: 4/8

Instructor: Corkscrew Staff Location: Corkscrew Gymnastics,

> 2309 N Ringwood Road, Suite Q, McHenry

Day/Time: M/9:15-10:00A

**SESSION** 

May 09-Jun 13 116141-A

\$90 Resident/\$105 Non-Resident Fee: Fee as of May 4: \$95 Resident/\$110 Non-Resident

#### **MIGHTY TWISTERS**

Age: 3-4

An introduction to basic gymnastic skills that includes tumbling, low bar, floor beam and motor skills. Children must be potty trained and able to attend class without parent assistance. 6 Classes Min/Max: 4/8

Instructor: Corkscrew Staff Location: Corkscrew Gymnastics,

2309 N Ringwood Road, Suite Q, McHenry

Day/Time: Tu/9:15-10:15A

> SESSION PROGRAM # 116161-A May 10-Jun 14

\$95 Resident/\$115 Non-Resident Fee: Fee as of May 4: \$100 Resident/\$120 Non-Resident

Day/Time: Th/ 4:30-5:30P

> **SESSION** PROGRAM # 116161-B May 12-Jun 16 \$95 Resident/\$115 Non-Resident

Fee: Fee as of May 6: \$100 Resident/\$120 Non-Resident





This class teaches fundamental soccer skills through a series of fun games such as Sponge Bob and Scooby Doo. Skills taught will include dribbling, turning, stopping the ball, running with the ball, passing and shooting. Players will have so much fun they won't even realize they are learning! Students will be taught in a fun and friendly environment. Balls will be provided. Shin guards

SUPER STRIKER SOCCER

are optional. 5 Classes Min/Max: 8/20

Super Striker Staff Instructor: Location: Davis Road Field #4

3-4 YEARS OLD

Day/Time: M-F/ 9:00- 9:45A

> PROGRAM # **SESSION** Jul 11-15 116191-A

\$68 Resident/\$88 Non-Resident Fee as of Jul 5: \$73 Resident/\$93 Non-Resident

5-6 YEARS OLD

M-F/10:00-11:00A Day/Time:

> **SESSION** PROGRAM #

Jul 11-15 116191-B \$75 Resident/\$95 Non-Resident

Fee: Fee as of Jul 5: \$80 Resident/\$100 Non-Resident



Location: Olson Elementary School, 720 W Judd St Fee: \$90 Resident/\$110 Non-Resident Fee as of May 30: \$95 Resident/\$115 Non-Resident

**Session:** Jun 6-Jul 22 (Exc. 07/04)

**AGE: 4-7 YEARS / MORNING Session** 

**Day/Time:** Mon-Fri/9:00 AM-Noon

Program # 127001-A

**AGE: 7-12 YEARS / AFTERNOON Session** 

**Day/Time:** Mon-Fri/1:00-4:00 PM

Program # 127002-A

CHILDREN MUST BE 4 YEARS OLD BY JUNE 6.
THERE WILL BE NO EXCEPTIONS.



# ARTS & CRAFTS SCIENCE EXPERIMENTS WATER DAYS STORY-TIME SPECIAL EVENTS

**COUNSELOR MEET & GREET** 

Friday, June 3 • 5:00-7:00 pm

The Counselor Meet and Greet will be held at Olson Elementary School. During this event you and your child will be able to drop in and meet the counselors and see where their pick up point will be for the summer. Please try to attend this event to help eliminate some of the confusion on the first day of the program.



#### MUST READ INFORMATION – HOW TO REGISTER

- Please make ANY and ALL group requests on the registration form on page 31.
- Siblings will not be placed together unless requested.
- Each participant will receive a T-shirt. Be sure to indicate a size on the registration form. Sizes cannot be guaranteed for those that sign up after May 30.





A. Rose Cleaning LLC
- COMMERCIAL CLEANING 
815-378-6909



Thanks to our 2016 Gold Playground Program Sponsors

Children must be the age or grade listed by the first day of the program-no exceptions.

When grade is listed, grade level applies to the 2016-2017 school year.

#### HORSEBACK RIDING

Age: 6-18

John White Stables offers a lesson program for all ages. The focus of our program is to provide our riders with confidence, self esteem, a sense of achievement, and an understanding of horses and horsemanship in a safe environment. As their skills develop, riders will be encouraged to participate in local academy shows where they will ride on of our horses and compete against other beginning riders. Helmets are provided and must be worn, along with long pants and leather tie-on shoes or pull up boots (no tennis shoes). The child's parent/guardian must sign a release form. For more information visit the website <a href="https://www.johnwhitestables.com">www.johnwhitestables.com</a> 4 Classes Min/Max: 2/5



#### **MONDAY**

**Day/Time:** M/ 4:00- 5:00P

<u>SESSION</u> <u>PROGRAM #</u> May 09-30 127011-A

Fee: \$135 Resident/\$155 Non-Resident Fee as of May 8: \$140 Resident/\$160 Non-Resident

**Day/Time:** M/ 4:00- 5:00P

SESSION PROGRAM #

Jun 06-27 127011-B

Fee: \$135 Resident/\$155 Non-Resident Fee as of May 31: \$140 Resident/\$160 Non-Resident

**Day/Time:** M/ 4:00- 5:00P

SESSION PROGRAM #

Jul 04-25 127011-C \$135 Resident/\$155 Non-Resident

Fee: \$135 Resident/\$155 Non-Resident Fee as of Jun 28: \$140 Resident/\$160 Non-Resident

**Day/Time:** M/ 4:00- 5:00P

SESSION PROGRAM #

Aug 01-22 127011-D

Fee: \$135 Resident/\$155 Non-Resident Fee as of Jul 26: \$140 Resident/\$160 Non-Resident

#### **BABYSITTING TRAINING**

Age: 11-17

Are you looking for a great way to earn some extra money? During the American Red Cross course, you will learn how to respond to emergencies, communicate with parents, recognize safety and hygiene issues, manage young children and feed, diaper and care for infants. A Babysitter's Training Handbook and certificate are included in the fee. Min/Max: 8/10

Instructor: Leslie Behrns, ARC Trainer
Location: Woodstock Police Department

656 Lake Avenue

**Day/Time:** Th,F/ 1:00- 5:00P

<u>SESSION</u> <u>PROGRAM #</u> Jun 30-Jul 01 127021-A

Fee: \$55 Resident/\$75 Non-Resident Fee as of Jun 24: \$60 Resident/\$80 Non-Resident

SEE PAGE 21 - 22 FOR DANCE PROGRAMS

Ballet, Hip-Hop, Tap and More!

**TUESDAY** 

**Day/Time:** Tu/ 5:15- 6:15P

 SESSION
 PROGRAM #

 May 10-31
 127012-A

Fee: \$135 Resident/\$155 Non-Resident
Fee as of May 8: \$140 Resident/\$160 Non-Resident

**Day/Time:** Tu/ 5:15- 6:15P

<u>SESSION</u> <u>PROGRAM #</u> lun 07-28 127012-B

Fee: \$135 Resident/\$155 Non-Resident
Fee as of June 1: \$140 Resident/\$160 Non-Resident

**Day/Time:** Tu/ 5:15- 6:15P

<u>SESSION</u> <u>PROGRAM #</u> Jul 05-26 127012-C

\$135 Resident/\$155 Non-Resident

Fee as of Jun 29: \$140 Resident/\$150 Non-Resident

**Day/Time:** Tu/ 5:15- 6:15P

 SESSION
 PROGRAM #

 Aug 02-23
 127012-D

\$135 Resident/\$155 Non-Resident

Fee as of Jul 27: \$140 Resident/\$160 Non-Resident

#### KIDS GARAGE SALE

Age: 6-12

Fee.

Hey kids! It's time to clean out those closets and under your beds to make a little "extra cash". You can try to sell clothes, tapes, CD's, toys, games, stuffed animals, sports equipment or anything else you can think of. Kids will price and sell their merchandise to interested buyers. Parents may supervise younger children, but not run booths. All merchandise must belong to children. We welcome shoppers too! You never know what you are going to find! Each child will be responsible for providing their own cash box, change, AND TABLE. Participants may start setting up at 7:00 am in the Park in the Square in the Woodstock Square. Min/Max: 10/20

**Location:** Park in the Square

**Day/Time:** Sa/ 8:00A- 1:00P

SESSION PROGRAM #

ul 16 127211-A

Fee: \$10 Resident/\$15 Non-Resident
Fee as of Jul 10: \$15 Resident/\$20 Non-Resident

#### **FUN FOR KIDS**

#### STEEL PAN I MUSIC LESSONS

Age: 8-12

Come learn how to play the steelpan (also called the steel drum) with Culture, Arts & Music! This fun and amazing instrument from Trinidad and Tobago is a cool way to learn about caribbean music and culture! No musical experience required. Students are taught by ear before any music reading is introduced. Instructors include members from the Chicago Music Award winning group, Potts & Pans. pottsandpans.com For more information, visit <u>cultureartsmusic.org</u>.

5 Classes Min/Max: 4/15

**Instructor:** Potts & Pans Staff

Location: Potts & Pans, 1039 Wanda Lane, Woodstock

**Day/Time:** Th/10:00-11:00A

 SESSION
 PROGRAM #

 Jun 16-Jul 14
 127181-A

Fee: \$95 Resident/\$115 Non-Resident Fee as of Jun 10: \$100 Resident/\$120 Non-Resident

#### STEEL PAN MUSIC CAMP

Age: 8-12

Come learn how to play the steelpan (also called the steel drum) with Culture, Arts & Music! This fun and amazing instrument from Trinidad and Tobago is a cool way to learn about Caribbean music and culture! No musical experience required. Students are taught by ear before any music reading is introduced. Instructors include members from the Chicago Music Award winning group, Potts & Pans. pottsandpans.com For more information, visit cultureartsmusic.org. 5 Classes Min/Max: 4/15

**Instructor:** Potts & Pans Staff

Location: Potts & Pans, 1039 Wanda Lane, Woodstock

**Day/Time:** M-F/ 9:00A-12:00P

<u>SESSION</u> <u>PROGRAM #</u> Jul 18-22 127282-A

Fee: \$180 Resident/\$200 Non-Resident Fee as of Jul 12: \$185 Resident/\$205 Non-Resident

#### KIDS WITH CAMERAS

Age: 7-9

Participants must bring their own smart phone or camera that they understand how to use! The children will be learning the steps of composition, that is the MAGIC which makes a professional looking photo. Each week we will study and practice one of each of the steps of composition. The last weeks of class you and your child can choose up to three of their photos they have created with their smart phone or camera for a photo show. To be involved in the show you must have your pictures framed in an 11 x 14 frame with a mat. More info about the show will be available the first week of class. 6 Classes Min/Max: 6/10

Instructor: Patti Killeen

Location: Rec Center MP Room B

**Day/Time:** Th/ 4:00- 5:15P

<u>SESSION</u> <u>PROGRAM #</u> May 26-Jun 30 128261-A

Fee: \$75 Resident/\$95 Non-Resident
Fee as of May 20: \$80 Resident/\$100 Non-Resident

#### CANVAS CRAZE WORKSHOP

Age: 5 & up

Come paint a unique Summer themed canvas. No experience needed! MUSE ART will guide you every step of the way! All supplies are included and everyone leaves with their own 16x20 canvas painting. A new masterpiece each class! Min/Max: 10/15

Instructor: MUSE ART Instructor
Location: Rec Center MP Room A



**Day/Time:** Sa/10:30A-12:30P

 SESSION
 PROGRAM #

 Jun 18
 127051-A

 Fee:
 \$33 Resident/\$49 Non-Resident

 Fee as of Jun 12:
 \$38 Resident/\$54 Non-Resident



**Day/Time:** Sa/10:30A-12:30P

SESSION PROGRAM#
Jul 16 127051-B

Fee: \$33 Resident/\$49 Non-Resident Fee as of Jul 10: \$38 Resident/\$54 Non-Resident



**Day/Time:** Sa/10:30A-12:30P

 SESSION
 PROGRAM #

 Aug 13
 127051-C

 \$33 Posidont (\$40 Non Posido

Fee: \$33 Resident/\$49 Non-Resident
Fee as of Aug 7: \$38 Resident/\$54 Non-Resident

# STEM SUMMER CAMP / LEGO ROBOTICS

Age: 5-14

Robotics, Engineering, and coding all in one!! This medley of activities offers Chasewood Learning's STEM classes all in one week! Each day students will learn a new STEM discipline including creating interactive stories, games and animations, building and programming robot sand building engineering models. Returning students will continue in their education in each of these unique fields of learning. At the end of the session, students receive a gift. 4/5 Classes Min/Max: 4/16

Instructor: Chasewood Staff
Location: Rec Center MP Room A

**Day/Time:** Tu-F/ 1:00- 4:00P

 SESSION
 PROGRAM #

 May 31-Jun 03
 127261-A

 \$155 Resident/\$175 Non-Resident

Fee: \$155 Resident/\$175 Non-Resident Fee as of May 25: \$160 Resident/\$180 Non-Resident

**Day/Time:** M-F/ 1:00- 4:00P

 SESSION
 PROGRAM #

 Jul 25-29
 127261-B

Exc. 07/23

Fee: \$185 Resident/\$205 Non-Resident Fee as of July 19: \$190 Resident/\$210 Non-Resident Children must be the age or grade listed by the first day of the program-no exceptions. When grade is listed, grade level applies to the 2016-2017 school year.

#### YOUTH VOLLEYBALL CLASS

#### Grades 3-5

Courtney DeBolt Slinko was an All-American and All-Big Ten setter for Michigan State University, trained with the U. S. National Team and played professionally. She has coached at both the high school and college levels. This class will teach the basic skills and techniques of serving, passing, setting, hitting, defense, and blocking through drills and game-like situations. Younger players will play on a lower net and use lighter volleyballs to encourage proper technique. 8 Classes Min/Max: 10/20



Instructor: Courtney DeBolt-Slinko Location: Rec Center Gym

Day/Time: M/ 4:30-5:30P

> **SESSION** PROGRAM # Jun 06-Aug 01 123071-A

Exc. 07/04

\$88 Resident/\$108 Non-Resident Fee as of May 31: \$93 Resident/\$113 Non-Resident

#### SKILLS FIRST SOCCER

Age: 6-9

This is a week-long camp that aims to build skill, confidence, and character in each of its participants. Our 1000 touch promise ensures that each player is exposed to at least 1000 touches per day. Players will be taught multiple techniques to help develop close control play and confidence on the ball. Passing, receiving, shooting will also be covered. Look forward to fun daily themes such as 'soak the coach day' and 'Wacky Wednesday'. Players will get to show off the skills at the end of each day in our Skills First Super Cup which runs all week long. Please wear appropriate footwear. Fee includes a soccer ball for each participant. 5 Classes Min/Max: 6/24

Instructor: Super Striker Staff Location: Davis Road Soccer #3 Day/Time: M-F/9:00-11:00A

> SESSION PROGRAM # Iul 11-15

\$93 Resident/\$113 Non-Resident Fee: Fee as of Jul 5: \$98 Resident/\$118 Non-Resident

> SEE PAGE 24 FOR ADULT TAE KWON DO/KARATE

#### TAE KWON DO/KARATE

Age: 5 & up

Students of all ages will enjoy the benefits of Tae Kwon Do and Karate. You will gain positive self-image, confidence, discipline and agility while improving your overall fitness. Students should wear comfortable work-out pants and shirt. 10/20 Classes Min/Max: 12/22

Instructor: John Byard, 5th Degree Black Belt

Rec Center MP Location:

**BEGINNER - MONDAY** 

Day/Time: M/4:45-5:30P

> <u>SESSION</u> PROGRAM # Jun 13-Aug 22 123010-A

Exc. 07/04

\$55 Resident/\$75 Non-Resident Fee: Fee as of Jun 7: \$60 Resident/\$80 Non-Resident

**BEGINNER - WEDNESDAY** 

Day/Time: W/ 4:45-5:30P

> SESSION PROGRAM # Jun 15-Aug 24 123010-B

Exc. 07/06

\$55 Resident/\$75 Non-Resident Fee as of Jun 9: \$60 Resident/\$80 Non-Resident

#### YELLOW BELT & UP - MONDAY & WEDNESDAY

Day/Time: M,W/5:45-6:45P

> **SESSION** PROGRAM # 123010-C Jun 13-Aug 24

Exc. 07/04, 07/06

\$125 Resident/\$145 Non-Resident Fee: Fee as of Jun 7: \$130 Resident/\$150 Non-Resident

YELLOW BELT & UP - MONDAY

Day/Time: M/6:45-7:45P

> PROGRAM # SESSION Jun 13-Aug 22 123010-D

Exc. 07/04

\$63 Resident/\$83 Non-Resident Fee as of Jun 7: \$68 Resident/\$88 Non-Resident

#### FLAG FOOTBALL CAMP

Age: 4-7

Join the Woodstock Thunder Coaches as they prepare your football player for the fall season with a fun-filled camp! Basic football skills will be taught and games will be played in this non-competitive learning environment. Camp t-shirt and water bottle included.

3 Classes Min/Max: 5/20



Woodstock Thunder Youth Football Coaches Instructor:

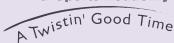
Location: Top of sledding hill, Emricson Park

W-F/ 5:30- 6:30P Day/Time:

> **SESSION** PROGRAM # Jul 27-29 123291-A

\$30 Resident/\$50 Non-Resident Fee as of Jul 21: \$35 Resident/\$55 Non-Resident





Instructor: Corkscrew Staff

Location: Corkscrew Gymnastics,

2309 N Ringwood Road, Suite Q,

McHenry IL

#### **BEGINNING GYMNASTICS**

Age: 5-16

A beginner class for boys and girls that builds strength and power on the floor, balance on the beam, speed on the vault, and coordination on the bars. Also included is time on the TumblTrak, a long trampoline that provides all the benefits of tumbling with less wear and tear on the joints. 6 Classes Min/Max: 4/8

Day/Time: Tu/ 4:45- 5:45P

> **SESSION** PROGRAM # May 10-Jun 14 123171-A

\$95 Resident/\$115 Non-Resident Fee as of May 4: \$100 Resident/\$120 Non-Resident

#### INTERMEDIATE GYMNASTICS

Age: 6-16

Intermediate classes are for ages 6 years old and up and have been approved for the class by the instructor. This class will build upon the skills mastered in the Beginner class. The gymnasts will continue to work on the four Olympic events: Vault, Uneven Bars, Balance Beam and Floor in addition to trampoline. 6 Classes Min/Max: 4/8



Day/Time: Tu/ 5:40- 6:55P

> SESSION PROGRAM # May 10-Jun 14 123191-A

\$105 Resident/\$125 Non-Resident Fee: Fee as of May 4: \$110 Resident/\$130 Non-Resident

#### TUMBLING

Age: 6-16

Fee:

This class is designed for boys and girls to learn basic through advanced tumbling skills. Skills include handstands, cartwheels, round-offs, back handsprings, and back tucks. 6 Classes Min/Max:

Day/Time: M/7:30-8:30P

> SESSION PROGRAM # May 09-Jun 13 123211-A

\$95 Resident/\$115 Non-Resident Fee as of May 3: \$100 Resident/\$120 Non-Resident





#### **CORKSCREW CLINICS**

Age: 6-16

Each clinic will concentate on a specific skill. Min/Max: 4/10

#### CARTWHEEL CLINIC

Sa/ 1:00- 2:00P Day/Time:

> <u>SESSION</u> PROGRAM # Jul 23 123221-A

\$18 Fee as of Jul 18: \$23

#### ROUND OFF CLINIC

Day/Time: Sa/ 1:00- 2:00P

SESSION PROGRAM # Jul 30

\$18 Fee as of Jul 25: \$23

#### **BACK HAND SPRING CLINIC**

Sa/ 1:00- 2:00P Day/Time:

> **SESSION** PROGRAM # Aug 06 123223-A

\$18 Fee: Fee as of Aug 1: \$23 Children must be the age or grade listed by the first day of the program-no exceptions. When grade is listed, grade level applies to the 2016-17 school year.

#### **TENNIS LESSONS**

#### Grades 2-8

Stay active this summer playing the popular game of tennis! Beginners will learn the rules of the game, all the basic strokes, proper footwork, and be introduced to serving. Players with previous experience will refine the mechanics of their strokes and learn game positioning and strategy. Players need to bring rackets and enthusiasm, balls are provided.



Ana Fedmasu Instructor:

Location: Emricson Park, Tennis Courts

#### **SESSION I GRADE 2&3**

Day/Time: M-F/ 9:00-10:00A

> **SESSION** PROGRAM # lun 06-24 123301-A \$80 Resident/\$100 Non-Resident

Fee: Fee as of May 31: \$85 Resident/\$105 Non-Resident

#### **GRADES 4&5**

Day/Time: M-F/10:00-11:00A

> **SESSION** PROGRAM # Jun 06-24 123301-B

Fee: \$80 Resident/\$100 Non-Resident Fee as of May 31: \$85 Resident/\$105 Non-Resident

**GRADES 6-8** 

Day/Time: M-F/11:00A-12:00P

**SESSION** PROGRAM # Jun 06-24 \$80 Resident/\$100 Non-Resident Fee as of May 31: \$85 Resident/\$105 Non-Resident

#### **SESSION II GRADES 2&3**

Day/Time: M-F/ 9:00-10:00A

> SESSION PROGRAM # Jul 11-29 123302-A

\$80 Resident/\$100 Non-Resident Fee: Fee as of Jul 5: \$85 Resident/\$105 Non-Resident

**GRADES 4&5** 

Day/Time: M-F/10:00-11:00A

> SESSION\_ PROGRAM # Jul 11-29 123302-B

\$80 Resident/\$100 Non-Resident Fee as of Jul 5: \$85 Resident/\$105 Non-Resident

**GRADES 6-8** 

M-F/11:00A-12:00P Day/Time:

> **SESSION** PROGRAM # Jul 11-29 123302-C

\$80 Resident/\$100 Non-Resident Fee: Fee as of Jul 5: \$85 Resident/\$105 Non-Resident

#### **HORSEBACK** RIDING CAMP

Age: 6-16

All you horse crazy kids... get your friends and sign up to attend a summer camp together! Two sessions of a four-day camp will be offered at John White Stables, a beautiful NEW riding facility located a few miles from Woodstock. Activities will focus on the main attraction - horses and riding. We



will have two rides a day. We will also learn about horses and their care, participate in crafts and games, make good friends, and cool off in the pool! Please bring a sack lunch. www.johnwhitestables.com. 4 Classes Min/Max: 3/12

Instructor: John White Stables Staff

Location: John White Stables, 4319 McCauley Road

Day/Time: M-Th/10:00A-3:00P

> SESSION PROGRAM # Jun 13-16 123011-A \$295 Resident/\$295 Non-Resident

Fee as of Jun 7: \$300 Resident/\$300 Non-Resident

Day/Time: M-Th/10:00A-3:00P

> SESSION PROGRAM # Aug 08-11 123011-B

Fee: \$295 Resident/\$295 Non-Resident Fee as of Aug 2: \$300 Resident/\$300 Non-Resident

#### YOUTH GOLF

Age: 6-14

Fee:

This introductory class will thoroughly cover the fundamentals of the game of golf including basic stance, grip, posture and swing. The proper rules and etiquette will also be covered. Participants must bring at least one golf club (5, 7 or 9 iron). The price included unlimited practice balls during class. 5 Classes Min/Max: 3/20

Mike Picciano and Staff Instructor:

Bull Valley Golf Club, 1311 Club Road Location:

Day/Time: Tu/ 5:00- 6:00P

**SESSION** PROGRAM# 123111-A May 31-Jun 28 \$84 Resident/\$104 Non-Resident Fee as of May 25: \$89 Resident/\$109 Non-Resident

> SEE PAGE 24 FOR ADULT HORSEBACK RIDING



# BITTIE BALL

COACHES NEEDED - Parents, we need you! Please e-mail Alan at adunker@woodstockil.gov if you're interested in becoming a volunteer coach! If you are a head coach, the registration fee will be waived for one child. A mandatory coach's meeting will be held at the Recreation Center, 820 Lake Avenue, on Tuesday, May 17, at 6:30 pm for T-Ball and 7:30 pm for Bittie Ball.

**ATTENTION 6 YEAR OLDS.** We have a program to suit personal abilities and skills. All six-year-olds have the choice of an additional year of T-Ball or to try their hand at Bittie Ball. **REGISTRATION DEADLINE IS MONDAY, MAY 16.** 

#### T-BALL Age: 5-6

(AGE DEADLINE IS AUGUST 1, 2016)

Our T-Ball program is a great way to introduce girls and boys to our national pastime of baseball/softball. Young players learn the basic skills of catching, throwing, and base running without having to face a pitcher. The SafeTee ball is batted from a "tee," and players are off and running. We will provide all equipment except for mitts. Fee includes team cap and shirt. Teams will practice once per week with games every

Saturday. **REGISTRATION DEADLINE IS MONDAY, MAY 16.** 

Min/Max: 50/80

SESSION Jun 06-Jul 23 PROGRAM # 123491-A

Fee: \$45 Resident/\$65 Non-Resident Fee as of May 17: \$60 Resident/\$80 Non-Resident



PROGRAM #



#### BITTIE BALL Age: 6-7

(AGE DEADLINE IS AUGUST 1, 2016) This program is designed to help prepare

for future upper-level baseball/softball experiences. Participants will play games and practices with a "Coach Pitch" format. Fee includes team cap and shirt. Teams will practice once per week with games every Saturday. **REGISTRATION DEADLINE** 

IS MONDAY MAY 16.

Min/Max: 50/80



 SESSION
 PROGRAM #

 Jun 06-Jul 23
 123501-A

 \$45 Paridack (\$45 Now Paridack)

Fee: \$45 Resident/\$65 Non-Resident Fee as of May 17: \$60 Resident/\$80 Non-Resident

Practices will be held at Prairie Ridge Park or Woodstock North High School

IF THERE ARE ANY NIGHTS OR TIMES YOU CANNOT PRACTICE, PLEASE LIST UNDER "COMMENT" SECTION ON REGISTRATION FORM ON PAGE 31.

Children must be the age or grade listed by the first day of the program-no exceptions. When grade is listed, grade level applies to the 2016-2017 school year.

#### LITTLE DANCERS

Age: 3-4

Your child will learn basic ballet and jazz steps while having fun expressing his/her self through creative movement. Participants should wear comfortable clothes with flexible soled shoes.

6 Classes Min/Max: 6/8

**Instructor:** Olivia Vepley

Location: Rec Center MP Room A

**Day/Time:** Tu/ 5:00- 5:45P

<u>SESSION</u> <u>PROGRAM #</u> May 10-Jun 14 115011-B

Fee: \$55 Resident/\$75 Non-Resident
Fee as of May 8: \$60 Resident/\$80 Non-Resident

Instructor: Bridget Saladin
Location: Rec Center MP Room B

**Day/Time:** Th/ 5:00- 5:45P

 SESSION
 PROGRAM #

 Jul 07-Aug 11
 115011-A

Fee: \$55 Resident/\$75 Non-Resident Fee as of Jul 1: \$60 Resident/\$80 Non-Resident

#### LITTLE DANCERS II

Age: 4-5

Your child will learn basic ballet and jazz steps while having fun expressing his/her self through creative movement. Participants should wear comfortable clothes with flexible soled shoes. 6 Classes Min/Max: 6/8



Instructor: Olivia Vepley
Location: Rec Center MP Room A

**Day/Time:** Tu/ 5:45- 6:30P

 SESSION
 PROGRAM #

 May 10-Jun 14
 115021-B

Fee: \$55 Resident/\$75 Non-Resident Fee as of May 8: \$60 Resident/\$80 Non-Resident

Instructor: Bridget Saladin
Location: Rec Center MP Room B

**Day/Time:** Th/ 5:45- 6:30P

 SESSION
 PROGRAM #

 Jul 07-Aug 11
 115021-A

Fee: \$55 Resident/\$75 Non-Resident
Fee as of Jul 1: \$60 Resident/\$80 Non-Resident

#### **BALLET I**

Age: 5-8

This class offers an introduction of terms and positions. Children will gain confidence in balance and movement and enhance flexibility. Participants should wear comfortable clothes.

6 Classes Min/Max: 6/10

Instructor: Bridget Saladin
Location: Rec Center MP Room B

**Day/Time:** Th/ 6:30- 7:15P

 SESSION
 PROGRAM #

 Jul 07-Aug 11
 115031-A

Fee: \$55 Resident/\$75 Non-Resident Fee as of Jul 1: \$60 Resident/\$80 Non-Resident



# PRIVATE TAP LESSONS

Age: 5 & up

Constantly moving your feet to the beat of your favorite song? Why not put all of that movement to good work! Try tap!
These introductory private and/or semi-private classes give you the opportunity to learn rhythm, basic tap progressions, and

the fundamentals of both classic tap and modern styles! The fee is \$100 for Resident/\$120 for Non-Resident for five ½ hour classes. Registration for Private Tap Lessons can only be accepted at the Recreation Center after you have set up a time with our instructor. Contact Bridget at bsaladin@gmail.com. Bridget Saladin has been dancing since she was 4 years old. She was classically trained at the Woodstock Ballet Studio. She not only studied ballet, but also modern, tap, jazz, and lyrical. Throughout her high school career she continued to dance at the studio and on the Woodstock High School Pom Pon Team. After high school, Bridget danced on the Carthage College Red Hots Dance Team. For 3 years, she has been teaching Little Dancers I & II and Ballet with the Woodstock Recreation Dept.

#### SEE PAGE 43 FOR CHALLENGER LEARNING CENTER PROGRAMS

For more STEM programming

#### 22 DANCE

#### **POMS**

Age: 8-12

Have fun learning the basics of Poms, including a short routine that will be showcased on the last class. Participants should wear comfortable clothes and be ready to move! 6 Classes Min/Max: 6/12

**Instructor:** Kelly Read

**Location:** Rec Center MP Room A

**Day/Time:** Th/ 6:30- 7:15P

<u>SESSION</u> <u>PROGRAM #</u> Jun 30-Aug 04 125081-A

Fee: \$55 Resident/\$75 Non-Resident Fee as of Jun 24: \$60 Resident/\$80 Non-Resident



#### MINI HIP HOP/BALLET MASH UP

Age: 5-8

Participants will learn the basic techniques for both ballet and hip/hop. Class will be split to incorporate both types of dance. This is a great way to get a variety of dance, all at once! 6 Classes Min/Max: 6/8

Instructor: Leslie Behrns

**Location:** Rec Center MP Room A

**Day/Time:** Tu/ 5:15- 5:55P

 SESSION
 PROGRAM #

 Jun 21-Jul 26
 125212-A

Fee: \$55 Resident/\$75 Non-Resident Fee as of Jun 15: \$60 Resident/\$80 Non-Resident

#### HIP HOP I

Age: 7-12

Dancers will learn the basics of the latest Hip/Hop moves while working up a sweat. This class is a perfect way to have fun with friends and get out and get moving! 6 Classes Min/Max: 6/10

**Instructor:** Kelly Read

Location: Rec Center MP Room A

**Day/Time:** Th/ 5:45- 6:30P

<u>SESSION</u> <u>PROGRAM #</u> Jun 30-Aug 04 125051-A

Jun 30-Aug 04 125051-,
Fee: \$55 Resident/\$75 Non-Resident
Fee as of Jun 24: \$60 Resident/\$80 Non-Resident

#### MINI POM/BALLET MASH UP

Age: 3-8

Participants will learn the basic techniques for both ballet and poms. Class will be split to incorporate both types of dance. This is a great way to get a variety of dance, all at once! 6 Classes Min/Max: 6/8

**Instructor:** Leslie Behrns

Location: Rec Center MP Room A

**3-4 YEARS** 

**Day/Time:** Tu/ 3:45- 4:25P

<u>SESSION</u> <u>PROGRAM #</u> Jun 21-Jul 26 125211-A

Fee: \$55 Resident/\$75 Non-Resident Fee as of Jun 15: \$60 Resident/\$80 Non-Resident

**5-8 YEARS** 

**Day/Time:** Tu/ 4:30- 5:10P

 SESSION
 PROGRAM #

 Jun 21-Jul 26
 125211-B

Fee: \$55 Resident/\$75 Non-Resident Fee as of Jun 15: \$60 Resident/\$80 Non-Resident



#### **BOYS HIP HOP**

Age: 3-5

Boys Only! Boys can feel comfortable to let loose and learn some favorite hip hop moves. 6 Classes Min/Max: 6/8

Instructor: Leslie Behrns

Location: Rec Center MP Room A

**Day/Time:** Tu/ 6:00- 6:40P

 SESSION
 PROGRAM #

 Jun 21-Jul 26
 125121-A

 \$55 Resident/\$75 Non-Resident

Fee: \$55 Resident/\$75 Non-Resident Fee as of Jun 15: \$60 Resident/\$80 Non-Resident

TURN TO **PAGE 26** FOR SENIOR PROGRAMS

815.338.4363
WWW.WOODSTOCKRECREATIONDEPARTMENT.COM







# COUNSELOR IN TRAINING

Age: 13-15

Are you looking for something to do this summer? This program will fill your mornings with fun and friends. As a Counselor in Training (CIT), you are responsible for assisting the Playground Program counselors with games, activities, craft projects, and the overall supervision of 4-7 year old children. This program will prepare you for future babysitting jobs, teach you responsibility, and give you a foot in the door for a great job with the Recreation Department a few years down the road. All applicants must attend an informational meeting prior to the program. (Date will be determined after registration.) Deadline to register is Thursday, May 26. Daily scheduling is flexible but must be approved with supervisor. Min/Max: 1/20

**Location:** Olson Elementary School

720 W Judd Street

**Day/Time:** M-F/ 9:00A-12:00P

SESSION PROGRAM #

Jun 06-Jul 22 128101-A

Exc. 07/04

Fee: \$25 Resident/\$38 Non-Resident

Fee as of May 26: \$30 Resident/\$43 Non-Resident



FOR TWEEN NIGHT @ WOODSTOCK WATER WORKS SEE PAGE 7

#### KIDS WITH CAMERAS Age: 10-13

Participants must bring their own smart phone or camera that they understand how to use! The children will be learning the steps of composition, that is the MAGIC which makes a professional looking photo. Each week we will study and practice one of each of the steps of composition. The last weeks of class you and your child can choose up to three of their photos they have created with their smart phone or camera for a photo show. To be involved in the show you must have your pictures framed in an 11 x 14 frame with a mat. More info about the show will be available the first week of class. 6 Classes Min/Max: 6/10

Instructor: Patti Killeen

Location: Rec Center MP Room B

**Day/Time:** Th/ 5:30- 6:45P

 SESSION
 PROGRAM #

 May 26-Jun 30
 128261-B

Fee: \$75 Resident/\$95 Non-Resident Fee as of May 20: \$80 Resident/\$100 Non-Resident

#### **ALL SPORTS CAMP**

Age: 10-13

This camp is designed for the Tween who enjoys sports and can never get enough physical activity. Participants will participate in a wide variety of sports from baseball, soccer, and basketball to more unique games such as capture the flag, street hockey and more. This camp focuses on exercise, learning and having fun. Fridays are used as rain dates. 8 Classes Min/Max: 12/20

**Location:** Emricson Park, Meet at the Tennis Courts

**Day/Time**: M-Th/ 9:00A-12:00P

 SESSION
 PROGRAM #

 Jul 25-Aug 04
 128091-A

 \$60 Pacidant / \$80 Non Pacidant

Fee: \$60 Resident/\$80 Non-Resident Fee as of Jul 19: \$65 Resident/\$85 Non-Resident

#### **NOAH'S ARK**

Grades: 5-8

Plunge into fun! Noah's Ark Water Park has over 60 water-based fun activities including the Time Warp, Flash Flood, Scorpion's Tail, 2 wave pools and much much more! We will be having a hot dog lunch at the park and breakfast and dinner on the road. There are lockers available for a fee. Don't forget to bring your sunscreen and a dry change of clothes for the way home. Fee includes transportation, admission to the park and all 3 meals. Please bring extra money for lockers, snacks etc. **Deadline to register is Friday,** 

May 27th. Min/Max: 10/13

Trip will depart from and return to the Recreation Center.

Supervisor: Alan Dunker Wisconsin Dells

Day/Time: W/ 7:30A- 8:00P

 SESSION
 PROGRAM #

 Jun 08
 128012-A

**Fee:** \$47

#### **ADULT TENNIS**

Age: 16 & up

Get fit and meet other players this summer in our tennis program. Beginners will learn the rules of the game, all the basic strokes, proper footwork, positioning, and participate in game play. Players with previous experience will refine their stroke mechanics, participate in drills, and learn positioning and strategy through game play. Players need to bring their racket and enthusiasm! 6 Classes Min/Max: 6/12

Instructor: Ana Fedmasu

Location: Emricson Park, Tennis Courts

JUNE SESSION

Day/Time: Tu, Th/ 7:00-8:30P

> **SESSION** PROGRAM # Jun 07-23 132091-A \$50 Resident/\$70 Non-Resident

Fee as of Jun 1: \$55 Resident/\$75 Non-Resident

JULY SESSION

Fee:

Day/Time: Tu,Th/ 7:00-8:30P

> PROGRAM # <u>SESSION</u> Jul 12-28 132091-B \$50 Resident/\$70 Non-Resident

Fee: Fee as of Jul 5: \$55 Resident/\$75 Non-Resident

#### **ADULT GOLF**

Age: 15 & up

Take time for fun this spring and continue to improve your game with personalized golf lessons. Mike Picciano and his staff keep it simple and work with all their students, developing individual techniques and abilities. Each class will consist of an introduction and instruction period, forty-five (45) minutes of swing practice, and forty-five (45) minutes of short game practice. Instructors will focus on correct stance, grip, posture, aim, and swing. The proper rules and etiquette will also be covered. After these lessons, your game is sure to improve! The price includes unlimited practice balls! If you don't have clubs, they can be provided upon request. 5 Classes Min/Max: 3/20

Instructor: Mike Picciano and Staff

Bull Valley Golf Club, 1311 Club Road Location:

BEGINNER ADULT GOLF Day/Time: Tu/ 6:00- 7:00P

**SESSION** PROGRAM# May 31-Jun 28 132011-A

\$84 Resident/\$104 Non-Resident Fee: Fee as of May 25: \$89 Resident/\$109 Non-Resident

WOMEN'S GOLF

Day/Time: Tu/11:00A-12:00P

> **SESSION** PROGRAM # May 31-Jun 28 132011-B \$84 Resident/\$104 Non-Resident

Fee: Fee as of May 25: \$89 Resident/\$109 Non-Resident

SENIOR GOLF

Day/Time: Tu/10:00-11:00A

> **SESSION** PROGRAM # May 31-Jun 28

\$84 Resident/\$104 Non-Resident Fee: Fee as of May 25: \$89 Resident/\$109 Non-Resident

#### HORSEBACK RIDING ADULT

Age: 18 & up

Are you an adult who always loved horses from a distance? Have you had a desire all your life to learn to ride or are you thinking about starting a new adventure? Whatever your reasons, John White Stables offers you a riding lesson program designed especially for adults. You can learn the basics of horsemanship and develop self confidence and a sense of



achievement in a beautiful, safe, all weather environment. You have the opportunity to show at local academy shows, where you will ride a lesson horse and compete against other beginner adult riders. You can experience the thrill of competition or just the satisfaction of learning to ride. All adults must sign a release form. For additional information visit the website at www.johnwhitestables.com 4 Classes Min/Max: 2/5

Instructor: John White Stables Staff

Location: John White Stables, 4319 McCauley Rd

W/ 5:30-6:30P Day/Time:

<u>SESSION</u> PROGRAM # May 11-Jun 01 132331-A \$135 Resident/\$155 Non-Resident \$140 Resident/\$160 Non-Resident Fee as of May 5:

Day/Time: W/5:30-6:30P

Fee:

Fee:

SESSION PROGRAM # Jun 08-29 132331-B \$135 Resident/\$155 Non-Resident Fee: Fee as of Jun 2: \$140 Resident/\$160 Non-Resident

Day/Time: W/ 5:30-6:30P

**SESSION** PROGRAM # Jul 06-27 132331-C \$135 Resident/\$155 Non-Resident Fee as of Jun 30: \$140 Resident/\$160 Non-Resident

Day/Time: W/ 5:30-6:30P

**SESSION** PROGRAM # Aug 03-24 132331-D \$135 Resident/\$155 Non-Resident Fee as of Jul 28: \$140 Resident/\$160 Non-Resident

#### ADULT TAE KWON DO

Age: 13 & up

Adults of all ages and abilities will enjoy the benefits of Tae Kwon Do and Karate. You will gain a positive self-image, confidence, discipline and agility while improving overall fitness. Classes will consist of learning leg and hand techniques in a safe, controlled environment. The student will learn Martial Arts forms to simulate fighting off multiply attackers without contact in the class. Self-defense is also included in the lessons and in a very controlled and safe manner. Sparring is available with proper safety equipment but not required. This class is looking for friendly people who want to get in shape and learn self-defense. All levels are welcome. 10 Classes Min/Max: 8/12

John Byard, 5<sup>th</sup> Degree Black Belt Instructor:

Location: Rec Center MP Room A

M/6:45-7:45P Day/Time:

> **SESSION** PROGRAM# Jun 13-Aug 22 132081-A

Exc. 07/04

\$63 Resident/\$83 Non-Resident Fee as of Jun 7: \$68 Resident/\$88 Non-Resident



#### DRUM FIT

Age: 12 & up

Drumfit is good for the brain, great for the body and really FUN! Participants will drum and dance to choreographed routines for a great cardiovascular workout. Drumsticks, exercise balls and stands are provided. Come give it a try! 6 Classes Min/Max: 10/25

Instructor: Cindy Ridley, ACSM Certified Personal Trainer

**Location:** Rec Center Gym **Day/Time:** W/ 6:30- 7:20A

<u>SESSION</u> <u>PROGRAM #</u> Jun 01-Jul 20 132021-A Exc. 07/02

Fee: \$50 Resident/\$70 Non-Resident Fee as of May 26: \$55 Resident/\$75 Non-Resident

#### ADULT BEGINNING SWIM

Age: 16 & up

This class is designed for beginning level participants who are comfortable in shallow water and can float without assistance, but have very little or no instruction performing swimming strokes. The course is intended to provide participants the ability to swim a distance of 25 yards using one or more defined swimming strokes. Participants will be introduced to performing skills in deep water. 4 Classes Min/Max: 4/10

**Instructor:** Melissa Canto

**Location:** Woodstock Water Works

**Day/Time:** W/ 7:15-8:15P

<u>SESSION</u> <u>PROGRAM #</u> Jun 08-29 131071-A

Fee \$45 Resident/\$60 Non-Resident Fee as of Jun 2: \$50 Resident/\$65 Non-Resident



we.CAN.tri TRAINING Age: 14 & up

If this is your 1st triathlon or your 100th, we.can.tri is a great family triathlon for all levels. Take this opportunity to train for the triathlon in a group setting and practice on the actual course that will challenge you on race day. The instructors have all completed the we.CAN.tri and numerous other races. They are all specialized in the event that they are training and will be available to answer any questions or concerns. Instructors will rotate week to week and the last 3 weeks the group will train 2 of the 3 events. Schedule is as follows, weather permitting;

June 7 & 28- swim
July 19-swim and bike
June 14 & July 5-bike
July 26-bike and run
June 21 & July 12-run
August 2-run and swim

On the combination days we will also briefly cover transitions and the transition area. 9 Classes Min/Max: 10/20

Registration for we.CAN.tri on August 7 is open at www.signmeup.com/111554.

**Instructor:** Melissa Canto, Molly O'Connor, Kimberly Thomas

**Location:** Woodstock Water Works

**Day/Time:** Tu/ 7:15- 7:45P

<u>SESSION</u> <u>PROGRAM #</u> Jun 07-Aug 02 132031-A

Fee: \$5

#### **ADULT LEAGUES**

#### **CO-ED FALL SOFTBALL LEAGUES**

#### 18 Years & Up / MONDAYS

This league is governed by U.S.S.S.A. rules. Teams must field an equal number or more females than males. Completed roster, signed waiver and full payment are required in order to secure a spot in the league. The fee includes a round robin league format and a single elimination tournament with seeds based on the league standings. **DEADLINE to register a team is Friday, August 12 by 5:00 pm.** 

A mandatory captain/coach's meeting will be held on

Tuesday, August 16 at 7:00 pm the Recreation Center.

**Location:** Bigelow B & C Fields-Emricson Park **Fee:** \$300/Team plus \$10/Non-Resident player

**Day/Time:** Mon/6:30, 7:30 & 8:30 pm

**Season**Begins Aug 22

 Information packets for all Leagues will be available Monday, July 18 at the Woodstock Recreation Center. Packets will be e-mailed to all past captains. For additional questions on any of the leagues, email Alan at adunker@woodstockil.gov or call at 815-338-4363.

- REGISTER YOUR TEAM BY FRIDAY, AUGUST 12.
- A \$50 LATE FEE WILL BE CHARGED FOR ANY TEAMS ADDED AFTER THE DEADLINE.

# MEN'S FALL 12" SOFTBALL LEAGUES

#### 18 Years & Up / TUESDAYS or THURSDAYS

This league is governed by U.S.S.S.A. rules. Completed roster, signed waiver and full payment are required in order to secure a spot in the league. The fees include a round robin league format and a single elimination tournament with seeds based on the league standings.

DEADLINE to register a team is Friday, August 12 by 5:00 pm.

A mandatory captain/coach's meeting will be held on Tuesday, August 16 at the Recreation Center. "C" League 7:30 pm, "D" League 8:00 pm

Location: Bigelow B & C Fields-Emricson Park
Fee: \$300/Team plus \$10/Non-Resident player

MEN'S "C" LEAGUE

**Day/Time:** Tue/6:30, 7:30 & 8:30 pm

<u>Season</u> Begins Aug 23

**MEN'S "D" LEAGUE** 

**Day/Time:** Thu/6:30, 7:30 & 8:30 pm

**Season** Begins Aug 25



### **COFFEE AT THE CAFÉ**

Tuesdays 1:00 pm Stage Left Café • 125 W. Van Buren St.

The City of Woodstock, along with the Woodstock Recreation Department, invite seniors to DROP IN at the Stage Left Café each Tuesday for coffee. Each week Guest Speakers
Bingo
Taste of Woodstock
Games
Entertainment

will bring a special activity, speaker, food or game. Take this opportunity to get out and socialize with your friends in a great environment on the beautiful and historical Woodstock Square.

#### THURSDAY TRIPS

Join us on the 4th Thursday of each month for an exciting afternoon of fun! Please gather at Hearthstone Communities, 840 N Seminary Avenue, to board the bus to our destination at the times indicated below.

Payment required prior to the trip. Please stop by in person or mail check to 820 N Seminary Ave. Note the deadlines listed below. You can call Hearthstone Communities at 815-338-2110 if you have any questions.



City of

#### WOODSTOCK





#### MEDIEVAL TIMES May 26

Step back in time at Medieval Times spectacular dinner show & tournament complete with Horsemanship, swordplay, knights, jousting and pageantry. RSVP and **payment are due on or before May** 

**Location:** Schaumburg IL **Time:** 9:45 am Departure

**Fee:** \$43



#### ANDERSON GARDENS June 23

Surround yourself with nature in an outdoor setting that inspires the mind & energizes the soul. RSVP and **payment are due on or before** 

June 10.

Location: Anderson Gardens, Rockford IL

**Time:** 9:30 am Departure/Approximate 3:30 pm Return

**Fee:** \$12

# KANE COUNTY COUGARS GAME July 28

We have all the bases covered for an evening of Kane County Cougar Baseball and fireworks to follow! It is also \$1 hot dog and soda night! RSVP and payment are due on or before July 8.

Location: Geneva IL

**Time:** 5:00 pm Departure

Fee: \$15 includes ticket and bus, food on your own

#### PICNIC WITH THE MAYOR August 25

Join the City of Woodstock Mayor and City Manager and Hearthstone....for a day in the park. A picnic lunch will be served. Pull up your lawn chair and enjoy the afternoon with your friends! RSVP and payment are due on or before August 12.

Location: Main Pavilion, Emricson Park
Time: 11:00 am, Meet at the Park

Fee: FREE



# BINGO AT CULVERS

in Woodstock, 1620 W. Lakeshore Drive

May 10, Jun 14, Jul 12, Aug 9, Sep 13, Oct 11, Nov 8, Dec 6

8:30-9:00 am - FREE Coffee and Check-in

9:00-10:30 am - FREE Bingo





**AUGUST 7, 2016** 

SPRINT AND CHILDREN'S TRIATHLON WOODSTOCK, ILLINOIS

**Emricson Park Woodstock Water Works Aquatic Center** 

> **ADULT TRIATHLON** 7 AM START

400 M Swim 12.4 Mile Bike and 3.1 Mile Run

CHILDREN'S TRIATHLON APPROX. 10 AM START

Start Time After Adult Race 50 M Swim Ages 6-9 100 M Swim Ages 10-14 3.5 Mile Bike • 1 Mile Run

Registration is available on-line ONLY at www.signmeup.com/111554

#### WHO WILL ANSWER YOUR QUESTIONS?...

#### Dave Zinnen, Recreation Director

Dave oversees the operation of the Recreation Center, Woodstock Water Works, and the recreation programs offered through the City. He is the Woodstock Challenge Race Director, Heatwave Softball Tournament Director and oversees the Boys and Girls Developmental Basketball League.

Email Dave at dzinnen@woodstockil.gov.

#### Mary Lynn Lisk, Recreation Center Manager

Mary Lynn serves as both the Recreation Center Manager and the Office Manager for the Recreation Department. She processes the Recreation Center billing and reviews financial assistance requests for recreation programs.

Email Mary Lynn at mlisk@woodstockil.gov.

#### Alan Dunker, Program Coordinator

Alan coordinates ballfield and soccer field reservations, adult leagues, youth fitness and sports, adult programs and tween programs.

Email Alan at adunker@woodstockil.gov.

#### Renée Torrez, Program Coordinator

Renee coordinates dance, creative arts, early childhood programs and the Summer Playground Program. Corporate membership for the Recreation Center is coordinated by Renée.

Email Renée at rtorrez@woodstockil.gov.

#### Becky Vidales, Program Coordinator

Becky coordinates aquatics, fun for kids, seniors, tweens and Woodstock Water Works, in addition to the Recreation Center group fitness programs.

Email Becky at bvidales@woodstockil.gov.





820 Lake Ave., Woodstock 815.338.4363 www.woodstockrecreationdepartment.com

#### PARKS AND RECREATION COMMISSION

Mike McCleary, Chair; Steve Erwin, Chris Neuhart and Pete Riis are volunteer Commission members representing diverse interests within our community for the development and improvement of parks and recreation opportunities in Woodstock. The commission meets the second Tuesday of each month at 7:00 pm at Woodstock City Hall, 121 W Calhoun Street.

#### PARK FACILITIES - RESERVATION SCHEDULE

The Recreation Department coordinates the schedules of community athletic organizations, recreation programs and special events within the city parks. We try to have all major events scheduled before March 1. If you are planning a major event, please contact the Recreation Department at 815.338.4363.

## FFINANCIAL ASSISTANCE AVAILABLE FOR RECREATION PROGRAMS

The Recreation Department has financial assistance available for recreation department programs for families who reside within Woodstock Corporate City Limits. Assistance is available for individuals and families with low incomes, allowing either a 50% or 100% discount on program fees. Applications are required plus proof of residency, age and eligibility (participation in the school lunch program, Illinois Public Aid, Head Start, SNAP program, and current proof of all household income). Complete details and financial aid guidelines are available from Mary Lynn Lisk, Recreation Department Office Manager, at 815.338.4363.

#### City of Woodstock RESIDENT Registration begins MONDAY, APRIL 25, 2016 AT 9:00 AM.

#### **NON-RESIDENT** Registration begins MONDAY, MAY 2, 2016 AT 9:00 AM.

#### TAKE A CLOSER LOOK

- Phone registrations will not be accepted.
- Don't wait until the last minute! Register right away. In order to provide well organized programs for our participants all registration must be received one week prior to the start of class.
- Late registration will be accepted if there is space and the fee will increase \$5 per registration.
- Registration confirmation will **NOT** be mailed, but can be emailed if a legible email address is provided on the registration form.
- Waitlist participants will be called if/when openings become available or new classes are formed. There is no charge to be included on a waitlist.



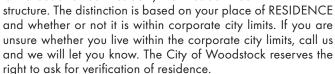
#### FIND US ON FACEBOOK

SEE LAST-MINUTE PROGRAM UPDATES. **SEARCH FOR** WOODSTOCK RECREATION DEPARTMENT

**WOODSTOCK WATER WORKS** 

#### RESIDENCY

The Recreation Department is funded by City of Woodstock taxpayers. This subsidy is supported from the general corporate (real estate) tax and is the basis for our Resident/Non-Resident fee



Woodstock Recreation Department is a department of the City of Woodstock and is <u>not</u> a park district (separate taxing body).

#### www.woodstockrecreationdepartment.com

#### RECREATION INFO AT YOUR FINGERTIPS

Recreation Department information is available 24 hours a day on the Woodstock Recreation Department website.





## **2016 REGISTRATION ON-LINE**

www.WOODSTOCKYOUTHFOOTBALL.com

#### **TACKLE FOOTBALL**

(age by 9/1/16)

7-8 years old

Bantam

9-10 years old Featherweight

11-12 years old Middleweight

13-14 years old Lightweight

**13-14 years old** Heavyweight

Registration Fee: \$265

Additional child will be: \$240

**NOTE: CONCUSSION BASELINE SCREENS** WILL BE NEEDED FOR PLAYERS 10 & UP.

\_\_\_\_\_

#### CHEERLEADING

**7-14 years old** (girls age by 9/1/16)

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Registration Fee: \$200 Additional child will be: \$175

Includes "Cheer Package"

#### FLAG FOOTBALL

5-7 years old\*

(boys & girls age by 9/1/16)

\*Note: 7 Yr. olds who have not played before or are under 50# can play flag. 7 Yr. olds over 50# and have previously played must move up to bantam tackle.

Registration Fee: \$70

#### **PAYMENT MADE BY:**

CHECK / CASH **CREDIT CARD** 

PAYMENT PLANS AVAILABLE

Contact us for special financial needs.

#### **CONTACT US:**

woodstockyouthfootball@gmail.com www.WoodstockYouthFootball.com P.O. Box 721

Woodstock, IL 60098

www.WOODSTOCKYOUTHFOOTBALL.com







# REGISTRATION INFORMATION THREE WAYS TO REGISTER

#### Online • Walk-In • Mail-In

820 Lake Avenue, Woodstock 815.338.4363 www.woodstockrecreationdepartment.com

City of Woodstock **Resident** Registration begins

Monday, April 25, 2016 at 9:00 am.

Non-Resident Registration begins Monday, May 2, 2016 at 9:00 am.

#### **ONLINE**

Visit our website at <u>www.woodstockrecreationdepartment.com</u> and click on Online Program Registration.



#### RETURNING CUSTOMERS

If you have registered for a program or purchased a pool pass in previous years, please call the Recreation Department for your User Name and Password to eliminate duplicate information and registration delays.

#### **NEW CUSTOMERS**

When adding your household to our database please remember that a household is defined as parent(s) and dependent children (under 18) living at the same address. Maximum of two adults is allowed in a household. Be sure to enter the address where you reside. Residency information is on page 11. If you have questions regarding this please contact our office at 815.338.4363.

Please add all members of your family when initially setting up your household. To add members at a later date you will be required to visit our office.



#### WALK-IN WOODSTOCK RESIDENT

Registration will be accepted beginning Monday, April 25,2016 at 9:00 am.



#### WALK-IN NON-RESIDENT REGISTRATION

will be accepted beginning Monday, May 2, 2016 at 9:00 am.

Come into the Woodstock Recreation Center, 820 Lake Avenue, during office hours and staff will assist with the registration process. Please bring a completed registration form and payment (cash, check, Visa/Mastercard/Discover).

After hours, a night drop is located to the right of the front door at the Woodstock Recreation Center.





To register for programs by mail, complete the registration form on page 31, include payment, payable to the "City of Woodstock." If registration is received before the dates that apply, it will be held until the proper registration date.

City of Woodstock Recreation Center 820 Lake Avenue Woodstock, IL 60098 Address\_\_\_\_\_

Adult Registrant or Parent/Guardian \_\_\_\_\_

## **Woodstock Recreation Department** PROGRAM REGISTRATION FORM

Please see reverse for important information on registration, insurance liability, photo & email policies and refunds.

\_\_\_\_\_ City\_\_\_\_\_ Zip\_\_\_\_\_

				Cell Phone Da			
Emergency Con	tact		Phone	oneRelationship			
				or weather updates on specific classes you		istered for. To be	
Email (PLEASE PRINT CLEARLY!)						T-Shirt Size Chart  Youth YS = Size: 6-8 YM = Size: 10-12 YI = Size: 14-16	
EMAIL POLICY—At the Woodstock Recreation Department we are committed to protecting your privacy. We use the email addresses we collect to process your receipts and to keep you up to date with news and special offers. We do not sell or rent individual customer names or other personal information to third parties.					Adult AS = Adult Small AM = Adult Medi AL = Adult Large AXL = Adult X-Lar, AXXL = Adult XX-L	ge	
PLEASE	WRITE ONLY ON	IE NA	ME PER LINE.	T-shirt sizes needed for Playgrour Bittie Ball, Woodstock			
Program # and Session	PROGRAM NAME	FEE	REGISTRANT'S FIRST NAME	registrant's Last Name	SEX M /F	BIRTHDATE	GRADE
					_		
					-		
					-		
				Check # Cred			
Special Req	uirements/Commen	ts:					<del></del> .
	efully read the text and emparticipant or parent/guare			bility waiver on the back of this form and un	derstand	the signature is re	equired
Signatu	re			Date			_



## City of

# WOODSTOCK

# RECREATION DEPARTMENT INSURANCE LIABILITY WAIVER

INSURANCE LIABILITY WAIVER—Please read this form carefully and be aware that in registering yourself or your minor child/ward for participation in City of Woodstock-Recreation program(s), you will be waiving and releasing all claims for injuries you or your child/ward might sustain arising out of the activities of this program. Your signature is required on the other side of this form.

"I recognize and acknowledge that there are certain risks of physical injury to participants in programs and I agree to assume the full risk of any such injuries, damages or loss regardless of severity which I or my child/ward may sustain as a result of participating in any activities connected or associated with any such program.

"I agree to waive and relinquish all claims I or my child/ward may have as a result of participating in the program against the City of Woodstock and its officers, agents, servants and employees.

"I do hereby fully release and discharge the City of Woodstock and its officers, agents, servants, and employees from any and all claims resulting from injuries, damages, and losses sustained by me or by my child/ward, and arising out of, connected with, or in any way associated with the activities of any of the program(s).

 $^{\prime\prime}\text{I}$  have read and fully understand the above release and waiver form."

<u>PHOTO POLICY</u>—Participants or their parents (if participant is under 18) permit the taking of photos, audio & videotapes during Recreation Department activities for publication and use as the Recreation Department deems necessary.

AFTER YOU HAVE REGISTERED—Please remember that registration is just the first step toward participating in the programs, and it does not guarantee you a space in the class. Registration confirmation will not be mailed, but can be emailed if email address is provided. However, if you do not

hear from us after the registration date has passed, you can contact us at 815.338.4363 to verify your registration. We will contact you if we have difficulty in processing your registration, for reasons such as; the program is full; you have not enclosed the proper amount of payment; we cannot confirm that you live at the address you wrote down; etc.

REFUNDS—We make every effort to expand class size or add classes to accommodate demand for our programs. If we do not have room in our program for you, we will notify you and issue a full refund. All refunds, when requested by the participant prior to the start of the program will be assessed a \$5.00 processing fee to help offset costs. There are no refunds once a program has begun, two weeks prior to a bus trip, or for season pool passes.

<u>CHILD CARE</u>—We understand that it is sometimes difficult to arrange for child care during our programs. Unfortunately, we are not able to accommodate children at any of our adult programs. Siblings and other individuals who are not registered for a program may not attend.

EMAIL POLICY—At the Woodstock Recreation Department we are committed to protecting your privacy. We use the email addresses we collect to process your receipts and to keep you up to date with news and special offers. We do not sell or rent individual customer names or other personal information to third parties. We are not responsible for confirmation emails that do not reach your email account.

60 Floor & Water Group Fitness Classes

Offered Per Week

Cardiovascular Machines (Treadmills, Ellipticals, Bikes, Steppers, NuSteps, Rower)

Tread Climber

16 Magnum Circuit Weight Lifting Machines

Fitness Ropes,

TRX & Kettle Bells

17 Free Weight Stations and Rack Weight System

Indoor Pool/Whirlpool/Sauna

Unlimited Tanning Available

2 Racquetball Courts

Full Size Gymnasium/Track

Supervised Play Room

Personal Trainers

Free Towel Service

Open 96 Hours Per Week

Facility Rentals



WOODSTOCK'S MOST COMPLETE FITNESS CENTER





**Monday-Friday** Saturday & Sunday 5:00 am to 9:00 pm 7:00 am to 5:00 pm

Play Room Hours (Children 6 months and older)

Monday-Thursday evenings 4:00 pm to 8:00 pm Friday evenings **Sunday mornings** 

Monday-Saturday mornings 7:45 am to 11:00 am 4:00 pm to 6:00 pm 9:00 am to 11:00 am

#### **Summer Break Special**

Purchase a 3 Month Membership between May 1-July 31, 2016.

**Executive Membership /3 Months for \$124** Full Membership /3 Months for \$99

Good for 90 days after purchase. Not Renewable

WOODSTOCK RECREATION CENTER



820 Lake Avenue • 815.338.4363 www.woodstockrecreationdepartment.com



#### **Executive Membership** Use of the entire facility

	Monthly Dues	Initiation Fee	Annual Rate NO INITIATION FEE & 10% discount
1 st Family Member*	\$45	\$99	\$486
2nd Family Member	\$35	\$49	\$378
Student**	\$30	\$49	\$324
Youth (Ages 4-13)***	FREE	FREE	FREE
	(with parent membership	o)	
1 st Senior (62 years & older)	\$35	\$49	\$378
2nd Senior	\$25	\$35	\$270

- Land and Water **Group Fitness Classes**
- Unlimited Racquetball **Court Time**
- Tanning
- Supervised Play Room
- Cardio and Circuit Weight Machines
- Fitness Ropes, TRX and Kettle Bells
- Free Weights
- Indoor Pool/Whirlpool
- Gymnasium/Walking Track
- Dry Sauna
- Lockers/Towel Service
- Free Fitness Assessment

# Full Membership General use of the facility

(Group land and water fitness classes, racquetball, tanning and supervised play room are available for an additional fee.)

	Monthly Dues	Initiation Fee	Annual Rate NO INITIATION FEE & 10% discount
1st Family Member*	\$35	\$99	\$378
2nd Family Member	\$25	\$49	\$270
Student**	\$20	\$49	\$216
Youth (Ages 4-13)***	FREE	FREE	FREE
	(with parent membership	b)	
1 st Senior (62 years & older)	\$25	\$49	\$270
2nd Senior	\$25	\$35	\$270

- Cardio and Circuit Weight Machines
- Fitness Ropes, TRX and Kettle Bells
- Free Weights
- Indoor Pool/Whirlpool
- Gymnasium/ Walking Track
- Dry Sauna
- Lockers/Towel Service
- Free Fitness Assessment

- Family members are defined as parent(s) and dependent children living at the same address. (Excludes nephews, nieces, cousins, aunts, uncles, grandchildren, grandparents, and babysitters.)
- Student / Full Time, Ages 14-25 ONLY. Students 23-25 years old must provide verification of full-time status.
- Youth /Children 13 years old and younger must be accompanied by an adult at all times unless in the supervised playroom area during supervised hours.
- IL Dept. of Public Health requires that all persons under the age of 16 utilizing the pool/hot tub must be accompanied by a parent guardian, or other responsible person at least 16 years of age.



820 Lake Avenue • 815.338.4363 www.woodstockrecreationdepartment.com



# **Daily Rate**

The daily rate allows full use of the entire facility, including group fitness classes, racquetball court time, tanning and supervised play room.

18 years & older \$8

Ages 14-17 years \$4

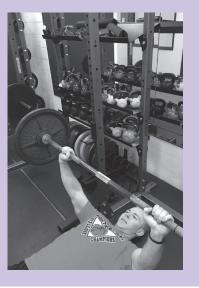
Individuals 17 years and younger must have a signed waiver on file before they can utilize the facility.

Ages 4-13 years

Children 13 years old and younger must be accompanied by a paying adult at all times unless in the supervised play room

FREE Ages 3 years & under

Children 3 years old and younger must be accompanied by a paying adult at all times unless in the supervised play room. Play room fees still apply.





# **Corporate Membership Rates**

Tell your employees that you care by promoting their fitness! Help them attain their fitness goals and reduce your company's health insurance costs by providing them the opportunity to become members of the Woodstock Recreation Center at a reduced rate. A minimum of 5 individuals must participate and their fees must be paid with one check.

Employees of the following companies are currently able to sign up for discounted Corporate Membership rates:

3 Brothers Restaurant Charter Dura-Bar City of Woodstock Claussen/Kraft

Centegra Health Systems District 200 Family Health Partnership McHenry County Government Center Mercy Health Systems Pioneer Center SEDOM | SEAL

McHenry County Conservation District Panera Bread

For additional information, contact Renée at 815.338.4363 or rtorrez@woodstockil.gov.

## **Group Fitness Fees & Punch Card**

Recreation Center Executive Members can participate in all Group Fitness Classes at no additional charge. If you are a Full Member, the fee is \$4 per class. For non-members a 20-punch card is available for \$125 and a 10-punch card is available for \$70. Each punch entitles you to one land or water group fitness class. A schedule of group fitness classes and descriptions is shown on pages 36-39.

# GROUP FITNESS/LAND CLASS SCHEDULE This schedule takes effect June 1, 2016 - August 31, 2016

MON	TUES	WED	THUR	FRI	SAT	SUN
5:30-6:20 am	5:30-6:20 am		5:30-6:20 am	5:30-6:20 am		
TURBO KICK®	RIP BARBELL		RIP BARBELL	CIZE®		
Beth	STRENGTH Josie		STRENGTH Josie	Beth		
7:45-8:45 am	7:45-9:00 am	7:45-8:45 am	7:45-9:00 am	7:45-8:45 am	7:45-9:00 am	
ZUMBA®	MULI-LEVEL	LINE DANCING	CORE CENTRIC	ZUMBA®	*MULTI-LEVEL YOGA	
Judy	YOGA	Judy	Pam	Judy	Anna	
8:30-9:15 am	Pam Multi-Purpose Room		Multi-Purpose Room	8:30-9:15 am	YMMA 8:00-9:00 am	
HIGH INTENSITY FUSION				HIGH INTENSITY FUSION	INSTRUCTOR	
Tim				Tim	CHOICE	
Gym	0.00.10.00	0.45.40.00	0.17.10.00	Gym	Instructor Rotates	
9:15-10:15 am TURBO KICK ®	9:00-10:00 am STEP UP AND	9:15-10:20 am <b>EXPLOSIVE</b>	9:15-10:20 am BARBELL	9:15-10:15 am STEP	9:15-10:15 am <b>PIYO</b>	9:00-9:30 a BARBELL
Jill	POWER DOWN	CIRCUIT	STRENGTH	Josie	STRENGTH®	EXPRESS
	Anita/Molly	Instructor Rotates	Molly		Anita Mally	Molly
10:20 11:00 om	0.00 10.15	10:00 11:00	10.00 11.00	44.00 44.45	Molly	0.00.40.00
10:30-11:20 am	9:30-10:45 am	10:30-11:30 am	10:30-11:20 am	11:00-11:45 am <b>GENTLE</b>	9:30-10:30 am *TRX TOTAL	9:30-10:30 a
Pam	BASIC YOGA Pam	ZUMBA GOLD <sup>®</sup>	Pam	EXERCISE	BODY	Molly
7 6.77	Multi-Purpose Room	Pam		Pam	STRENGTH Instructor Rotates	-
					YMMA	
4:15-5:15 pm		4:15-5:15 pm		4:15-5:15 pm		
PILATES FIT		PIYO/		YOGA		
Anita		PILOXING <sup>®</sup>		Anna		
		Molly				
5:30-6:30 pm	5:30-6:30 pm	5:30-6:30 pm	5:30-6:30 pm			
STEP	*TURBO KICK®	BARBELL	KICK, STRIKE			
Molly	Jill	STRENGTH	& H.I.I.T.			
	YMMA	Tim	<i>Jill</i> GYM			
	5:30-6:35 pm					t Young Masters
	STRENGTH				Martial Arts (YMA	NA) are located a St. Woodstock
	& FLEXIBILITY  Anna				(in the Woodsto	ck Square Mall).
6:45-7:45 pm	6:45-7:45 pm	6:45-7:45 pm	6:15-7:15 pm		Toy room hours ar clas	e available during ses.
BARBELL	MIXXEDFIT®	CIZE®	PIYO/			
STRENGTH	Emily	Beth	PILATES			ls must be er to participate
Tammy			Anita		in Group Fits	

WWW.WOODSTOCKRECREATIONDEPARTMENT.COM

**BARBELL EXPRESS** - Just like Barbell Strength only half the time and half the muscles. Come in for a quick 30 minute pump were 3-4 major muscles will be worked to the extreme. Get in, workout and get on with your day.

**BARBELL STRENGTH** - A strength training workout using barbells and adjustable weights. The class is designed to work every major muscle group in your body by also incorporating the use of hand weights, tubing and body bars.

**BASIC YOGA** - Great class for beginners or anyone who wants a slower paced yoga class. We focus on basic classic yoga postures, alignment and breathing techniques. We explore ways to increase strength, increase range of motion and improve balance. At the end of each class we offer a relaxing recovery. Any necessary props will be provided.

**CORE CENTRIC** - Combining the principles of Pilates and Yoga with the use of weights, bands, balls and barre. An emphasis is placed on strengthening the core and more. Variety makes this cross-training class challenging in a different way each week. Look forward to improved balance, strength and flexibility!

**CIZE®** - A professional dance for everyday people! Created by Shaun T, world famous choreographer and fitness trainer, CIZE breaks down professionally choreographed routines, step-by-step. Before you know it, you'll be bustin' out hip moves to the hottest music around. It's so fun, you'll forget you're working out!

**EXPLOSIVE CIRCUIT** - High energy class using a variety of simple but heart pumping step, plyometric and toning moves. A great class for burning those extra calories and toning ALL of those muscles.

**GENTLE EXERCISE** - Improve your strength, flexibility, balance and mobility. Gentle exercise is a primarily seated class that will give you all the health benefits of exercise in a relaxed and motivating setting. This is a great workout for pre-rehab/rehab individuals and for those who want to increase strength and range of motion.

**HIGH INTENSITY FUSION** - In this high-intensity total body workout, we will be performing a variety of strength and bodyweight exercises along with intense periods of cardio drills with short recovery segments. We will be using a mixture of equipment such as, ropes, kettlebells, dumbbells, and more to increase your strength and stamina. This type of training helps you give maximum intensity while still maintaining your exercise form and will keep your body burning fat long after you leave the gym.

**INSTRUCTOR CHOICE** - Are you a weekend warrior? Come and enjoy the fun on Saturdays. This class will be taught by a different instructor almost every week, but all instructors are planning a fat blasting workout to shake up your body. Please call or check the group fitness calendar in the aerobics room for monthly class schedule.

**KICK, STRIKE & H.I.I.T.** - Intervals of kickboxing, martial arts styled movements using a body bar and High Intensity Interval Training are sure to get your heart rate up and muscles burning during this 60 minute class!

**LITE N'LIVELY** - A gentle workout with low impact activities and light weight bearing exercises to build strength, stimulate bone growth and improve balance/posture.

**LINE DANCING** - Have you ever wanted to be able to join the fun at weddings or clubs when you saw people line dancing? In this program you will learn a variety of line dances that will let you join in the fun.

MIXXED FIT® - A perfect blend of explosive dancing and bootcamp inspired toning. Come have fun with this exciting and easy to follow dance workout!

**MULTI - LEVEL YOGA -** Experience a variety of teaching styles in this multi-level yoga class. Yoga offers improved flexibility, strength, balance and the means to learn relaxation techniques to relieve stress. Modifications make this class accessible to all and appropriate props are provided.

**MUSCLE IN THE MORNING** - Balance out your training with a morning devoted to building strength. This class is low impact and focused on form. Stronger bones, reduced stress and greater fat loss are just a few of the awesome benefits of strength training. All levels welcome!

**PILATES FIT -** A deep toning total body workout focusing on correct alignment, flexibility, core strength and a beautiful posture. Pilates Fit combines original Pilates exercises with innovative fitness moves creating an exciting and fun workout.

**PILOXING®** - Piloxing is a unique blend of muscle sculpting standing Pilates, the cardio of boxing and the sensuality of dance all to give you a fun and high energy interval workout.

**PIYO**® - There's no time to stop and chant in this class because you won't pose you'll push it! We crank up the music, the speed, and the fun to give you an intense, yet low-impact workout that will burn crazy calories for a long, lean, beautiful physique. This dynamic fusion workout combines the core benefits of Pilates and flexibility of flowing yoga movements. **PIYO STRENGTH**® You'll sweat, stretch, and strengthen—all in one PiYo workout!

**RIP BARBELL STRENGTH -** a high rep pre-choreographed barbell routine, using weights and a barbell. Each movement is matched to the music. It integrates functional orthopedic exercises, and uses plyometrics and power for program variety and training effect. RIP stands for REPS, INTEGRATION, and POWER.

**STEP** - Old is new again in this intense step workout that offers the latest in step choreography. This class combines a variety of moves, intervals and creative use of the step to provide you with an amazing workout! Some basic knowledge of step is helpful.

**STEP UP AND POWER DOWN** - A high energy class full of fun and easy "step combos" designed to increase your cardiovascular fitness. Be ready for a great workout! Class winds down with resistance training, core strengthening, and/or stretching.

# GROUP FITNESS/LAND CLASSES Continued

**STRENGTH AND FLEXIBILITY** - Strengthen and lengthen your muscles in a yoga class where we will warm up by flowing through poses, then hold poses to build strength. We'll increase flexibility by passively holding floor postures for several minutes in order to enter a safe release of the deep tissues of the body and end with final relaxation.

**TRX TOTAL BODY STRENGTH** - A complete full body strength workout using the TRX suspension straps, tubing, body bars and more!

**TURBO KICK**® - Ultimate cardiovascular challenge utilizing kickboxing and hip hop style moves, complete with bouts of intense intervals and specially designed strength and toning sections. Burn LOTS of calories, while having FUN with great moves and awesome music!

**VINYASA FLOW** - Vinyasa is a translation from Sanskrit meaning "connection". In this class we'll connect the breath with movement as we flow through the poses. Lots of variations will be shown throughout the class so the class becomes your own. Props may be used including straps, blocks and the wall. A vinyasa flow class will improve your strength, flexibility and also release toxins from the body and reduce tension. All levels are welcome.

YOGA - A variety of yoga will be offered in this class. We will be flowing through poses to create heat and holding poses to build strength. Balance, stretching, and sometimes a challenge pose added into the mix! Modifications are always offered as well as ways to advance in the poses.

**ZUMBA®** - Zumba is a fusion of Latin and International music. The routine features aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is a mixture of body sculpting movements with easy to follow dance moves.

**ZUMBA® GOLD** - This class will appeal to those younger or older, who are new to Zumba. We have fun learning moves at a level which anyone can be comfortable with. "Ditch the workout, join the party!"



5K, 10K, Family Runs

# **SATURDAY** JUNE 11, 2016

Emricson Park

For more information regarding the Woodstock Challenge, contact the Recreation Department at 815.338.4363 or dzinnen@woodstockil.gov.

Registration Available at www.signmeup.com/111917



# **SUNDAY** AUGUST 7, 2016

Registration Online Only at <a href="https://www.signmeup.com/111554">www.signmeup.com/111554</a>

# GROUP FITNESS/WATER CLASS SCHEDULE This schedule takes effect June 1, 2016 - August 31, 2016

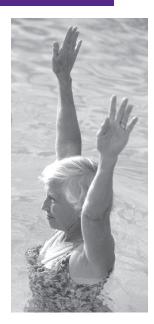
MON	TUES	WED	THUR	F	RI	SAT	SUN	
	6:30-7:30 am		6:30-7:30 am					
	AQUACISE		AQUACISE					
	7:30-8:30 am		7:30-8:30 am					
	AQUACISE		AQUACISE					
8:00-9:00 am		8:00-9:00 am		8:00-	9:00 am	8:00-9:00 am		
AQUACISE		AQUACISE		AQL	JACISE	* Outdoor dates listed below		
	8:30-9:30 am		8:30-9:30 am					
	AQUACISE		AQUACISE					
9:00-10:00 am		9:00-10:00 am		9:00-1	10:00 am		9:30-10:30	am
AQUACISE		AQUACISE		AQL	JACISE		AQUA ZUMBA	
		10:00-11:00 am		10:00-	11:00 am		* Outdoor d	-
		WATERBALL		WAT	ERBALL		listed belo	)W
2:00-3:00 pm			2:00-3:00 pm		*0	OUTDOOR CLASS DSTOCK WATER	ES @	
ARTHRITIC AQUATIC CLASS			ARTHRITIC AQUATIC CLASS			June 4-August Jy Evenings 7:15-8	8	
6:00-7:00 pm		6:00-7:00 pm	6:00-7:00 pm		Saturda	y Mornings 8:00-9	:00 am	
AQUACISE  *Outdoor dates listed in blue box		AQUACISE	AQUACISE			y Mornings 9:30-1 Rain Location at Rec Co		

ARTHRITIC AQUATIC CLASS - This program allows you to exercise without putting excess strain on your joints and muscles. The gentle activities in warm water, with guidance from a trained instructor, will help you gain strength and flexibility. The water is a safe, ideal environment for relieving arthritis pain and stiffness.

AQUACISE - Water Aerobics classes which offer a variety of moves in the 'forgiving' environment of WATER!! Cardio, strengthening of core (abs), strength & resistance training and balance & coordination are all a part of a full body workout with our variety of instructors. We offer fitness and fun early-to mid-morning and evening classes to get you moving for a healthy lifestyle, no matter your age or current level of fitness.

AQUA ZUMBA® - Perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine. Aqua Zumba® blends the Zumba® philosophy, latin and world rhythms with water resistance, for one pool party you don't want to miss! (Class content subject to change if substitute instructor is needed.)

WATERBALL - Hey all you volleyball fans, come out for a non-competitive, cardio-fun, water volleyball class! Just like playing a regular game of volleyball, but doing it in the pool. A short warm-up and stretch and then let the fun begin!



### 40 YOUTH AND ADULT SPORTS ORGANIZATIONS

These organizations provide structured sport opportunities for our community. Although the city works closely with these groups and knows basic schedules and other information, please contact the groups directly for season dates, registration, and general information.

## BASEBALL/SOFTBALL

### Woodstock Girls Softball

Woodstock Girls Softball is a no-cut program for girls ages 5-20. Team practices begin in April. The regular season runs from early May - June. Home games are played at Bates Park while away games are played at fields outside of Woodstock. Several "All-Star Tournaments" are played during the month of July to provide a more competitive series of games. All-Star tournaments are finished by July 31. WGSL offers a fall league from the end of August through mid-October. Winter Skills Clinics operate from December until the start of the following season. Potential players & coaches are encouraged to participate in the clinics. Details are available on the website.

Website: <a href="http://www.woodstockgirlssoftball.org/">http://www.woodstockgirlssoftball.org/</a>
Contact: Please refer to the website for contact information.

Email: woodstockgirlssoftball@gmail.com

### Woodstock/McHenry County Heatwave

The Heatwave is a travel softball program for players in Woodstock and McHenry County. Heatwave offers competitive travel softball for girls ages 7-18. Teams form in August and play fall, spring and summer season. Players receive indoor offseason training, play in travel softball leagues, regional tournaments and National Tournaments.

Website: <a href="https://www.eteamz.com/McHenryCountyHeatwave/">www.eteamz.com/McHenryCountyHeatwave/</a>

Contact: Teresa Neel 815.388.3299
Contact: Rob Neel 815.388.3495
Email: rtean@comcast.net

#### Woodstock Xtreme Softball

This organization is a feeder program for the Woodstock High Schools. We are non-profit dedicated to teach softball fundamentals and life skills through good sportsmanship, leadership, positive coaching, peer and parent communication. Players receive indoor off-season training, competitive play in travel softball

leagues as well as regional tournamnets. Our playing season is from May-Sept.

Website: www.woodstockxtreme.com

Contact: Christina Ramirez - ramfamily7@aol.com
John Tillmanns - john@yourimages.net

### Woodstock Little League

Woodstock Little League offers recreational baseball for 7-13 year olds and competitive baseball for 14-16 years old. The regular season runs April – June. The fall season runs August – Early October. General registration will be in late January and is also available on-line.

Website: www.woodstocklittleleague.org info@woodstocklittleleague.com

#### Woodstock Avalanche Baseball

The Woodstock Avalanche is a travel baseball program for players in D200. Avalanche offers very competitive travel level baseball for players ages 9 -14 years old. Tryouts will be held in August, practices begin in February and games played from April-July. Limited roster spots are open for the 2016 season, please inquire for availability. Players receive indoor off-season training, play in the McHenry County Baseball League and area tournaments. Visit our website for more information.

Website: <a href="http://woodstockavalanche.atomicleagues.com/">http://woodstockavalanche.atomicleagues.com/</a>

Contact: Tim Oman 847.217.7034
Email: woodstockavalanche@gmail.com

### Woodstock Lightning Baseball Club

The Woodstock Lightning is a travel baseball program for players in Woodstock and McHenry County. The Lightning offer competitive travel level baseball for players ages 9-16 years old. Teams form in August and play games from April-July. Players receive indoor off-season training, play in travel baseball leagues and play in area/national tournaments. Visit our website for more information.

Website: www.woodstocklightning.com
Contact: Mike Turner 815.245.2140
Email: mike.turner@woodstocklightning.com

### Adult Men's Baseball

Northern Illinois Men's Senior Baseball League (30 & Up) Northern Illinois Men's Senior Baseball League (40 & Up)

Contact: Jim Smithson 815.338.8706

## **BASKETBALL**

### Woodstock Hoops Basketball Association

A highly competitive boy's travel basketball program with tryouts held each year. The program is open to 5<sup>th</sup> through 8<sup>th</sup> grades. The program focuses on team skill development and strives to increase the player's basketball IQ.

Website: www.woodstockhoops.com

### Woodstock North Boys Basketball Feeder Program

WNFB is a feeder program for 5th-8th grade boys who will attend Northwood Middle School or Woodstock North High School. The program is designed to prepare players for high school competition. The 5th and 6th graders begin practice in November; the 7th and 8th grade programs begin during Holiday Break at the conclusion of the Northwood Middle School basketball season.

Contact: Dave Zinnen 815.482.3352
Email: dzinnen@woodstockil.gov

### Boys & Girls Developmental Basketball Leagues – Grades 1-6

This program's focus is the introduction of basketball fundamental techniques-dribbling, passing, shooting, rebounding, and defense- along with an introduction to the rules, and game situations. Younger players will shoot at an eight or nine foot basket with an age appropriate size ball to encourage proper shooting technique. Practices occur weekday evenings in the schools with games on Saturday. The 4th, 5th, and 6th grade boys begin in November; the 1st-3rd grade boys and 1st-6th grade girls begin in December. Fee includes skill development sessions, practices and games, reversible jersey, and basketball.

Website: www.woodstockrecreationdepartment.com

Contact: Dave Zinnen 815.338.4363
Email: dzinnen@woodstockil.gov

### **CHEERLEADING**

### Woodstock Thunder Youth Cheerleading

The Woodstock Thunder Youth Cheerleading is an instructional program that teaches youth girls the fundamentals of cheerleading. This program cheers for the Woodstock Thunder Youth Football League. The season runs late July-November. Ages 7-14. Online registration is open for the 2016 season.

Website: www.woodstockyouthfootball.com
E-mail: woodstockyouthfootball@gmail.com

### **FOOTBALL**

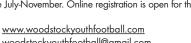
### St. Mary's Fighting Irish Football

St. Mary's Youth Football program is a competitive/instructional program for boys and girls age 7-14. The season runs from late July-October and includes weekly practices and weekend games.

Website: www.stmarysfootball.com **Contact:** Drew Potthoff 815.334.0722

### Woodstock Thunder Youth Football

The Woodstock Thunder Youth Football is a fun/ competitive/ instructional program for all boys and girls ages 7-14. Woodstock Thunder youth football plays in the TCYFL Football League. The season runs late July-November. Online registration is open for the 2016 season





### Woodstock Thunder Youth Flag Football

The program provides young players a fun and exciting opportunity to engage in noncontact, continuous action while learning lessons in teamwork and sportsmanship. It is played in a co-ed 7 on 7, and all players are involved. The season runs from late August-October. Boys and Girls ages 5-7. Online registration is open for the 2016 season

Website: www.woodstockyouthfootball.com E-mail: woodstockyouthfootball@gmail.com

### **SOCCER**

### Recreation & Travel Soccer Woodstock United Soccer Association (WUSA)

Woodstock United Soccer Association is an affiliate of the Illinois Youth Soccer Association (IYSA) providing a youth soccer program for girls and boys of Woodstock and the surrounding areas ages 4 - 18.

WUSA is McHenry County's premire choice for Recreation and Travel Club youth soccer. Both programs governed by one Board of Directors gives families the opportunity to choose the style of play that best suits their children within one organization.

Recreation (House) Program is for players to learn fundamentals of the game while developing self-esteem, teamwork and a winner's attitude. We achieve this through our six philosophies; everyone plays, good sportsmanship, open registration, balanced teams, positive coaching and player development.

Crossfire Travel Program is a program that takes the players the next step into competitive soccer. Our goal is to emphasize competitive soccer through individual development, team commitment, good sportsmanship, positive attitude and soccer fundamentals to provide our players with the skills to prepare them to play in High School and eventually College. We achieve this by using USSF licensed soccer coaches to organize and train youth travel teams that seek the highest level of team competition at local, state and regional levels.

Website: www.woodstockunitedsoccer.org Hotline 815.345.5399 Contact: Email: info@woodstockunitedsoccer.org

## **SQUARE DANCING**

### Woodstock SQUARE DANCE CLUB

The Woodstock Square Dance Club would like to challenge you to learn to square dance. This dance is NOT like the dance you learned in school. You will have the opportunity to have fun and make new friends. Lessons are open to all ages. In just a short time, you will be able to get out on the dance floor and have a good time. Lessons will start on September and January. Look for announcements on our website or in local newspapers.

www.woodstocksquares.wix.com/woodstocksquares Website:

Contact: 815.344.5879

Email: woodstocksquares@gmail.com

### Woodstock Swimming Association

(aka "The Woodstock Dolphins")

The Woodstock Dolphins is a USA swimming, year round, competitive swim team offering kids the opportunity to learn competitive swimming technique and skills. Developmental swimmers will learn to master all four strokes while the competitive swimmers will challenge themselves through competition against other swimmers at meets throughout northern Illinois and southern Wisconsin. The fall/winter season runs September through February and the summer season runs April through July. The Free Trylt! Orientation Program is offered twice a year in August and in March for those wanted to know more about the program. Please see the website for further information.

www.woodstockdolphins.com

# WRESTLING

### Woodstock Cyclones Youth Wrestling Club

The Woodstock Cyclones Youth Wrestling Club is registered through the Illinois Kids Wrestling Federation and USA Wrestling. We are committed to providing a safe and supportive environment for kids ages 5 to 14 that want to learn the sport of wrestling. We will offer a learning atmosphere that is appropriate for all skill levels and experience ranging from the fundamentals and basic rules of the sport to advanced technique for those wrestlers ready to compete at the highest levels. Registration is now open on-line for the upcoming season that runs November - March.

Website: www.woodstockcyclones.com Contact: Tim Creighton 815.482.4223

Email:  $\underline{coach.creighton@woodstockcyclones.com}$ 

### Crystal Lake Wizards Youth Wrestling Club

The Crystal Lake Wizards Youth Wrestling Club has just completed its 25th season and was awarded the designation of one of the Top 50 Wrestling Clubs in the country by USA Wrestling. The Wizards are registered through the Illinois Kids Wrestling Federation and USA Wrestling. We are committed to providing a safe and supportive environment for kids ages 5-14 that wish to learn the sport of wrestling. Our main goal is to introduce wrestling in a competitive but fun environment and to foster a young wrestler's potential through serious commitment. For additional information on the premire youth wrestling club in northern Illinios, please ao to our website

Website: www.crystallakewizards.com 815.459.3819 **Contact:** Tony Fontanetta



Northern Illinois Special Recreation Association

### NISRA's mission is: enriching the lives of people with disabilities through meaningful recreation experiences and its values are: Fun, Professional, Innovative, Compassionate and Trustworthy.

Do you know someone with a disability who would like to go out, have fun and make friends? Since 1976, NISRA has provided recreation programs for people with disabilities. Socializing, building physical skills, learning, relaxation and fun are some of the benefits gained from participating in NISRA's year round activities. Sports, fitness, social, cultural, outdoor and preschool programs, along with camps, special events and trips offer enjoyment for children, teens, and adults of all ability levels.

The Woodstock Recreation Department, along with 12 other districts is a member of NISRA. Pick up a brochure at our 820 Lake Avenue office, view it on-line at <a href="https://www.nisra.org">www.nisra.org</a> or call NISRA at 815.459.0737 to have one mailed to you.



NISRA Staff - NISRA's full time professional recreation staff hold college degrees in Therapeutic Recreation or related fields, along with various certifications. Part-time staff and volunteers help people with disabilities learn new skills and have fun. Do you have a talent to share and some time to give? Contact NISRA to learn more about part-time work or volunteering.

How about a Woodstock Recreation Dept Program? - NISRA staff assist our staff with including residents with

disabilities in our recreation programs. Types of support may include staff training, adapted equipment, sign language assistance or a program aide. Call 815.459.0737 with questions about inclusion, or contact Woodstock Recreation Department to register for a program.

Special Olympics - NISRA provides local Special Olympics training in 15 sports. Athletes develop skills and have the opportunity to compete at district, state, national and international levels. Volunteer coaches and officials are needed for some sports and training is provided.

NISRA...serving residents with disabilities in: Barrington Park District, Cary Park District, Crystal Lake Park District, Dundee Township Park District, City of Elgin, Hampshire Township Park District, City of Harvard, Huntley Park District, Village of Lake in the Hills, Marengo Park District, City of McHenry, Wauconda Park District, City of Woodstock.

Check out NISRA on the Internet - Log on, check it out and give us your feedback! <a href="www.nisra.org">www.nisra.org</a>.









## CHALLENGER LEARNING CENTER!

For more information and to register for these and other programs, stop by our website at <a href="https://www.challengerillinois.org">www.challengerillinois.org</a> or call the Challenger office at (815) 338-7722 or stop by the center at 222 Church Street in Woodstock.



Woodstock Center

# **SUMMER SPACE ADVENTURES 2016**

All STEM camps take place at Challenger Learning Center in Woodstock. These camps are from 9am-3pm (unless otherwise noted), and they are run by CLCST staff and volunteers. Campers should bring a sack lunch each day (unless otherwise noted). They are also welcome to bring water bottles. A 50% deposit is required at the time of camp registration. The remaining balance can be paid on the first day of STEM summer camp. Full refunds are only offered in the event that a camp is canceled due to low enrollment.



### ASTRONAUT TRAINING CAMP

Dates: June 13th -June 17th Grades: 3rd-6th grade

Cost: \$275

What is life like in space? During this camp, campers will train like astronauts

in preparation for a simulated space mission! This camp is designed for children interested in space, science, math, or technology. We'll cover a wide range of topics, including technology in space, rocketry, and space exploration. Campers will also tour the solar system and galaxy in our new digital Starlab! Be prepared to end the week working in space!

### **EXTREME ROBOTICS CAMP**

Dates/Grades: June 20th-June 24th for 6th-8th grade August 1st-August 5th for 3rd-5th grade

Cost: \$275

Our most popular camp returns! Campers will spend the week

learning about different types of robots and how they aid scientists in space exploration. They will discover the importance of teamwork as they work with others to complete robotic design challenges. They will work with a variety of robots, including



ones that navigate a maze, are powered by light, and are shy and run away from humans!

### **GEMS CAMP**

(GIRLS IN ENGINEERING, MATH, AND SCIENCE)

Dates/Grades: June 27th-July 1st / 3rd-5th grade July 18th-July 22nd / 6th-8th grade

Cost: \$275

Back by popular demand, our space and science camp just for girls returns! Campers engage in all areas of STEM: experiment with science, work with technology, problem-solve with engineering, and have fun with math! Throughout the week, they will train for a simulated space mission. They



will also tour through space in our new digital Starlab, taking an up-close look at important objects within our solar system. Women working in STEM fields will visit throughout the week to share their passions with the campers to inspire future STEM careers.

\*3rd-5th graders will train for the Rendezvous with a Comet mission

\*6th-8th graders will train for the Voyage to Mars mission

### STAR VOYAGERS CAMP

Dates: July 11th-July 15th

Grades: K-2nd

\*Time: 9:00am-12:00pm

Cost: \$200

It's never too early to start exploring space! Young explorers



exploring space! Young explorers will be introduced to this big place we call space as they learn about Earth, and its nearest neighbors in our solar system. Campers will train like micronauts, using all areas of STEM as they explore topics relating to everyday life in space,

such as gravity and space travel. Campers will be introduced to the wonders of our universe with activities in our new digital Starlab! They also will tour our Mission Control and Space Station simulators!

### **DESTINATION: MARS!**

Dates: July 25th-July 29th

Grades: 5th-8th Cost: \$275

Where are we going next in space exploration? Mars! Experience being part of a team planning a voyage to the Red Planet. This engineering-focused camp includes an in-depth study of Mars, one of Earth's closest



neighbors. Campers will study the surface of Mars, create and engineer a rocket, and travel to Mars in our new digital Starlab. They will learn about the types of rovers used on Mars and experience building with robotic technology. All of this will allow our campers the proper training to prepare them for a simulated mission to the Red Planet!

<sup>\* 6</sup>th-8th grade campers will focus on how robots are used to explore Mars. Throughout the week, these campers will complete an in-depth study of the Red Planet, comparing it to our home planet, Earth.

<sup>\*</sup>Campers will not be eating lunch during this camp.

# CHALLENGE YOUR FAMILY AND FRIENDS TO RUN FOR THE SUMMER PLAYGROUND PROGRAM

at the 39th Annual Challenge Road Races



## 10K, 5K, Kids/Family Run!

# Both the 10K and the 5K races are CARA sponsored races

Woodstock's 39th annual Woodstock Challenge begins and ends in Emricson Park at the Woodstock Water Works Aquatic Center.

The registration fee includes a race shirt and a goodie bag, plus refreshments, door prizes and swimming for participants and their families at Woodstock Water Works following the race until 11:30 am.

Overall winners, male and female, in the 10K and 5K will each receive a plaque plus gift certificate (\$75 for the 10K winner and \$50 for the 5K) to the Running Depot in Crystal Lake. Plaques will be awarded to the top three finishers in each age and gender division.

#### **10K Male and Female Divisions**

8 & Under 9-14 15-19 20-29 30-39 40-49 50-59 60+ (5K also includes 9-11, 12-14, 60-69, and 70+)

The 1-mile and 1/2 mile Kids/Family runs will be held within Emricson Park. All youth finishers will receive a gold medal.

Parents who would like to participate in the 1-mile or 1/2 mile Run/Walk with their children are not required to register.



### Volunteers Needed!

10K • 5K • KIDS & FAMILY RUNS

Pre-registration fee (by June 6)

\$25 Adults \$15 Youth

(17 years & younger)

Race Day Registration (6:30-7:30 am only)

\$35 Adults \$15 Youth

(17 years & younger)

 To pre-register follow the registration instructions on page 33 and be sure to indicate on the registration form which race you will be running and a shirt size.

<u>5K/10K</u>	<b>Start Time</b>	Program #
10K/Adult	8:00 am	150101-A
10K/Youth	8:00 am	150101-B
5K/Adult	8:05 am	150101-C
5K/Youth	8:05 am	150101-D
<b>Kids/Family Run</b>		
Adult	9:00 am	150101-E
Youth	9:00 am	150101-F

- Shirt sizes available are: Youth small through Adult XX-Large.
- T-shirts available only while supply lasts.
- Proceeds from the race will benefit the Woodstock Recreation Department's Playground Program.

For more information contact the Recreation Department at 815.338.4363 or dzinnen@woodstockil.gov.

Registration Available at <a href="https://www.woodstockrecreationdepartment.com">www.woodstockrecreationdepartment.com</a> or <a href="https://www.woodstockrecreationdepartment.com">www.signmeup.com/111917</a>







THANKS to the following Woodstock Challenge Sponsors

# -- Centegra Health System **ALWAYS LOOKING AHEAD<sup>SM</sup>**

**Bruce M. Farris D.D.S.** General Dentistry









MOVEMENTS Forward

massage therapy



Joe Starzynski, Loan Officer





**& State Farm**™





BMO Harris Bank



















Bohn's Ace Hardware • Burger King

# Woodstock Farmers Market is #1!

It's that time of year again...Spring!!!! And that means that one of the best Farmers' Markets in the State of Illinois will be opening right here on the historic Woodstock Square. Want to see what's so special? Come out to the historic Woodstock Square every Tuesday and Saturday from 8AM to 1PM May through October for a great selection of organic and homegrown produce, meats, eggs, honey and cheeses, plants, baked goods, body products, and other handmade items. And of course, there is always live music in the bandstand.

Now in its 34th year, the Woodstock Farmers' Market is a producers' market, so produce availability changes frequently as it comes in season. So...visit the Woodstock Farmers Market frequently, May through October, to see what is new (and delicious). For more information and to find a complete list of vendors and special events at the Market, visit www.woodstockfarmersmarket.org.



# COME OUT TO MOVIES IN THE PARK!

Bring your lawn chairs or blankets and come out to Emricson Park and enjoy movies under the stars as the City of Woodstock's 11th season of Movies in the Park gets underway at the beautiful Woodstock Waterworks. Movies in the Park remains free of charge and will begin as close to 8:30 as darkness will allow (with the exception of Movie 2 on July 14). Of course, we will again be joined by rc juggles who will provide pre-movie fun for kids of all ages.

This summer's movies will premiere on Friday, June 24 at Woodstock Waterworks with the

showing of **Dolphin Tale**. Based on true events, this family film is about Winter, a young dolphin who lost her tail in a crab trap, and Sawyer, the introverted 11-year-old boy who befriends her. Sawyer meets the rescued dolphin at the Clearwater Marine Aquarium, a marine rehabilitation center where she lives. Sawyer rallies friends and family alike to save Winter by convincing a pioneering doctor to create a unique prosthetic appendage to restore the dolphin's ability to swim. This popular movie is rated PG and runs for 113 minutes.

The second movie this season will be held on Thursday, July 14th beginning at 8:00 PM as part of our very special event, Summer in the Park. Bring your friends and family and come out to watch **Dr. Seuss' The Lorax** under "the big tent" in Emricson Park. This animated adventure follows the journey of a boy as he searches for the one thing that will enable him to win the affection of the girl of his dreams. To find it he must discover the story of the Lorax, the grumpy yet charming creature who fights to protect his world. This movie is rated PG and runs for 93 minutes.

Movies in the Park will be back at Woodstock Waterworks on Friday, August 5thfor our third and final movie of the season. In Surf's Up, a surfing penguin currently riding the wave of success enters his first professional competition in this computer-animated family-oriented comedy. Cody Maverick may be a relative amateur when it comes to hanging ten, but he's sure he has what it takes to surf his way to superstardom. With a little help from his cantankerous King Penguin mentor, ex-surfing legend Big Z, and a little encouragement from star Pen Gu Island lifeguard Lani, there may be hope for this tuxedo-clad wave twister after all. This inspirational tale proves that anything is possible when you put your heart and mind to it. This movie is rated PG and runs for 85 minutes.

So, bring your family and friends (and snacks if you like) and come on out to this fun event. See you there!

> Friday, June 24 - Dolphin Tale at 8:30PM Woodstock Waterworks

Thursday, July 14 - Dr. Seuss' The Lorax at 8:00PM in the Big Tent

Friday, August 5 – Surf's Up at 8:30PM **Woodstock Waterworks** 



# SUMMER IN THE PARK

### **COMMUNITY FESTIVAL - IULY 13 - 17**

The City of Woodstock will once again host Summer in the Park, a traditional community summertime festival featuring music, entertainment, games, food, and fun for all ages spread over 5 days in July. Below is an overview of the event but keep checking www. woodstockfestivals.org or call 815-338-4301 for more information and a complete list of activities.

#### WEDNESDAY, JULY 13 - Summer in the Park Band Concert.

Come out to the Park in the Square for a Woodstock tradition, the City Band Concert, featuring a Summer in the Park theme. Enjoy an old-fashioned ice cream social and carnival game booths (if you feel lucky!).

### THURSDAY, JULY 14 - Summer in the Park Movie Night.

This special free movie event will be held "under the big tent" in Emricson Park and will feature Dr. Seuss' The Lorax. In addition to free popcorn and movie candy, rc juggles will be on hand to provide pre-movie fun!

FRIDAY, JULY 15 - Summer in the Park Music Night. Come out for a free concert under the big tent. Live music will be playing from 7:00 - 10:00 PM. The beer garden will be open and a variety of delicious food and snacks will be available.

SATURDAY, JULY 16 - Summer at the Pool - a special day at Woodstock Waterworks featuring entertainment, games, food, and, of course, fun. There will be a reduced admission fee to the pool that day and all activities are FREE.

SUNDAY, JULY 17 - Summer in the Park - from Noon to 5:00 PM, come out to Emricson Park for a day of family fun featuring a variety of entertainment, games, food, fun, and activities for all ages, including carnival booths, arts & crafts, bouncy activities, music and more. Most activities are free! The beer garden will be open and a lot of delicious food will be available. Then from 6:00 PM to 10:00 PM, teens and tweens, grades 6 and up, will enjoy activities and music planned just for them, complete with a DJ and door prizes!

Call 815-338-4301 for more information.

## SUMMER IN THE PARK NEEDS YOU!!!!

Get involved with this community event! The more the merrier!

Many volunteer opportunities are available. For more information, contact Monica at 815-338-4301 or citymanager@woodstockil.gov.

If you own a business or are involved with a not-forprofit and would like to have a booth or sponsor an activity, contact Jane or Monica at 815-338-4301 or citymanager@woodstockil.gov.

If you are a food vendor and would like to provide food for Summer in the Park, contact Jane or Monica at 815-338-4301 or citymanager@woodstockil.gov.







Chief of Police Robert Lowen cordially invites you to attend his monthly "Coffee with the Chief" open house to share a cup of coffee and let him know what's on your mind. The informal gettogethers are held the second Monday of every month from 7:00 p.m.

to 8:30 p.m. in the Training Room at the Police Department located at 656 Lake Avenue.

Chief Lowen is eager to answer any questions you may have or discuss specific concerns impacting your quality of life in our Community. In addition to Chief Lowen, there is often a guest speaker who speaks briefly about his or her job experiences as they relate to the Police Department or the City, or someone from an outside agency or organization that Chief Lowen feels would be of interest or beneficial to "coffee" attendees. Recent speakers have included: Woodstock Police Department K-9 Officer Sharon Freund and her K-9 partner, Blue; Criminal Division Deputy Chief Demetri Tsilimigras and Assistant State's Attorney Patrick Kenneally from the McHenry County State's Attorney's Office; and Special Agent in Charge David Eberhardt from the U.S. Department of State.

If you have a topic you would like Chief Lowen to consider for "Coffee with the Chief," please contact Administrative Office Manager Tamara Reed with your suggestions at 815-338-6787 or at treed@woodstockil.gov.

# SENIOR CITIZEN CALL-IN PROGRAM

It is understood that many Senior Citizens within our Community live alone without the benefit of a local family member to check on them frequently. In an effort to provide peace-of-mind and a sense of well-being for our Community's Seniors, the Police Department offers the Senior Citizen Call-In Program.



To be eligible to participate in the program:

- 1. A person must be sixty-five (65) years of age or older.
- A person must live alone in a single-family residence (which
  includes townhomes, apartments and condominiums)
  which is not part of any senior citizen facility, senior citizen
  assistance organization or any other organized assisted
  living program or situation.
- 3. A person who has no immediate family residing within McHenry County, Illinois.

Those eligible to enroll in the program will need to complete a simple and confidential one-page application form as well as executing a waiver form. It will additionally be necessary that the participating Senior Citizen provide the Police Department with a key to their residence to be used in the event of an emergency. This key will be securely stored in a locked box at the Police Department.

Once accepted into the Program, the Senior Citizen is responsible for calling the Police Department Communications Center between the hours of 6:00 a.m. and 10:00 a.m. each and every day of the week. If this call is not received by 10:00 a.m., a Telecommunicator will call the Senior's residence to check on their well-being. If there is no answer at that time, a Police Officer will be sent to the residence and, using the key provided, will ascertain whether or not help is needed.

Senior Citizens interested in obtaining an application to be considered for participation in the program are encouraged to contact Administrative Office Manager Tamara Reed at 815-338-6787 during the hours of 8:30 a.m. to 5:00 p.m. Monday through Friday.

SEE PAGE 32 FOR SENIOR PROGRAMS AND ACTIVITIES

### WOODSTOCK POLICE DEPARTMENT'S TOP TEN SUMMERTIME REMINDERS

- 1. Watch out for bicyclists and pedestrians. Nice weather means more folks, especially children, will be out walking and biking.
- 2. Request a vacation house check from the Police Department while away. Also place a hold on mail and newspapers.
- 3. Insure everyone in your vehicle is wearing their seatbelt. Keep yourselves and occupants safe and avoid a traffic citation.
- 4. Don't drive while impaired or distracted. Driving under the influence of alcohol/drugs or using a cell phone or texting while driving greatly increases the chances you will be in a traffic crash.
- Never leave children or pets in an unattended vehicle. Serious injury or death can result when the interior of a vehicle becomes sweltering in summertime heat.
- 6. Don't leave garage doors open, bicycles or other valuables lying out on your lawn and lock your car doors. Criminals are opportunists and will take advantage of easy targets.
- 7. Make sure you know where your child is and who they are with at all times. In order to keep your children safe, monitor their activity. (Curfew Times - Less than seventeen years of age - Midnight on Friday and Saturday - 11:00 P.M. Sunday - Thursday.) Curfew times for minor drivers are more restrictive (Chapter 625 Illinois Compiled Statutes 5/6-107 and 5/6-110) than the City of Woodstock Curfew.
- 8. Keep the volume on your car stereo at a reasonable level. You can be issued a traffic citation. It is also a distraction to your driving and annoying to others.
- 9. Fireworks are illegal. Leave the fireworks to the professionals at the 4th of July celebration. Every year a number of persons are seriously injured from illegal fireworks. Protect yourself and respect your neighbors.
- 10. Darkly tinted car windows are illegal. Tint levels are outlined in Chapter 625 Illinois Compiled Statutes 5/12-503. You may also request a free window tint level test by calling the Woodstock Police at 815-338-2131. (For further information on traffic laws or traffic problems, please contact Sergeant Robert Pritchard at 815-338-2131 or rpritchard@woodstockil.gov.)

### **WORRIED ABOUT CRIME IN** YOUR NEIGHBORHOOD?

The Woodstock Police Department assists neighborhoods in forming "Neighborhood Watch Programs." For more information, please contact Sergeant A. Ray Lanz at 815-338-2131 or alanz@woodstockil.gov.

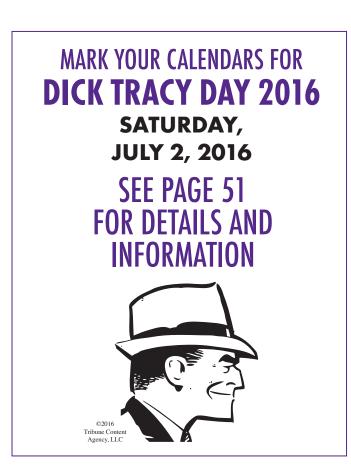


## **REMINDER:** Pedestrians have the right-of-way

No matter what the season, motorists need to be mindful of the pedestrian's right-of-way at crosswalks. The Illinois

Vehicle Code 625 Section 5/11-1002 states, "When traffic control signals are not in place or not in operation the driver of a vehicle shall stop and yield the right-of-way, slowing down or stopping if need be to so yield, to a pedestrian crossing the roadway within a crosswalk..."

The Woodstock Police Department urges motorists to be alert for pedestrians both on City sidewalks, and the pathways in City Parks, and yield to pedestrians as required by Illinois Law.



# WHO IS YOUR POLICE BEAT OFFICER?

The Police Department has divided the City of Woodstock into four areas for its Permanent Beat Officer Program. These police beats, have Officers assigned to them on an annual basis. The program allows Officers to get to know their individual beat and the residents who live and work there to become familiar with the problems and concerns specific to that area. Officers have been trained in Community Policing and Problem Solving Policing concepts and strive to work with the residents of their beat for safety, service and problem resolution.

Some of the projects that the Permanent Beat Officers continue to work on include: gang graffiti eradication; parking enforcement in and around the Square; dog owners and leash laws; youth riding bicycles and skateboards on the Square; and analyzing traffic crash data on Route 47 to identify problem areas.

Residents may contact their beat Officers at any time by phone (815-338-2131); mail (656 Lake Avenue) or email (either use the first initial of your Officer's first name and his entire last name plus @woodstockil.gov or direct it to your specific beat number as in PBO21@woodstockil.gov.)

Beat 21 Officers are Matthew Prentice (M), Andrew Reitz (D) and Fred Eiselstein (A). Beat 22 Officers are David Sharp (M), William Lintner (D) and Adam Schraw (A). Beat 23 Officers are Daniel Henry (M), Richard Dolan (D) and Sandra Valle (A). Beat 24 Officers are Brett Muehlfelt (M), Cory Fink (D) and Michael Karnath (A).

M = Midnight Shift 12:00 A.M. to 8:30 A.M.

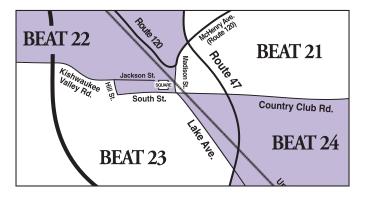
D = Day Shift 8:00 A.M. to 4:30 P.M.

A = Afternoon Shift 4:00 P.M. to 12:30 A.M.

Chief Lowen has assigned a specific Patrol Sergeant to each beat to better coordinate the efforts of the Permanent Beat Officers. They are as follows:

BEAT 21 SERGEANT RAY LANZ
BEAT 22 SERGEANT JOSHUA FOURDYCE
BEAT 23 SERGEANT ROB PRITCHARD
BEAT 24 SERGEANT CONSTANTINO CIPOLLA

For questions regarding the Permanent Beat Officer Program, please contact Deputy Chief John Lieb at 815-338-6787 or at <u>ilieb@woodstockil.gov</u>.



# WOODSTOCK'S AUDIBLE WARNING SYSTEMS

The City of Woodstock operates two audible warning systems designed to assist citizens in protecting themselves from weather related hazards.

The City of Woodstock has three lightning prediction systems in operation within the City's Park system. Lightning prediction systems scientifically predict the probability of a lightning strike, including the very first strike, unlike a detection system which provides a warning based upon the actual occurrence of a lightning strike after the fact. These systems are located at Sullivan Field in Emricson Park with a remote system at the Woodstock Water Works Aquatic Center, at the athletic fields in Bates Park, and at the Davis Road Soccer complex. Even though these systems are in place, it is important to seek shelter anytime lightning is a threat, even if a signal has not been sounded. When the lightning prediction system does activate, park users are to suspend recreation activities immediately and seek shelter in a large building or automobile.

These systems will sound an audible 15 second horn blast when lightning is predicted. At the same time a visual strobe light will begin flashing and remain flashing until safe conditions are detected. Activities can be resumed only after three - five second blasts of the horn are sounded and the strobe light stops flashing.

The City of Woodstock has five outdoor emergency warning sirens which are located at Bates Park, Emricson Park, First Street, Lake Avenue, and McConnell Road. The sirens are in place to be used to announce the approach of a tornado to the community. When activated, the sirens will sound for a three minute period. There is no all clear siren activated for the outdoor emergency warning siren system.

The purpose of these sirens is to warn residents, to take cover immediately. The sirens are not intended for warning those who are inside their homes or businesses. Citizens should monitor updated information by radio, television, internet and telephone devices anytime that the forecast includes the possibility of severe weather.

The outside emergency warning sirens are generally sounded only when a confirmed funnel cloud is aloft, or when a tornado has been sighted on the ground within an expanded boundary of the City of Woodstock. The sounding of a siren designates an immediate threat and the need to take cover immediately. It should be noted that the sirens are tested on the first Tuesday of every month at 10:00 a.m. Sirens will sound briefly during that time.

#### In conclusion:

**Outdoor emergency warning siren:** 3 minute activation when tornado sighted in immediate area of Woodstock. No all clear siren activation. Monitor radio, television, etc. for further severe weather information.

**Lightning prediction system:** 15 second horn blast and visual strobe light will flash and continue flashing until safe conditions are detected. Activities can resume only after 3 -5 second blasts of horn and strobe light stops flashing.



Please join us for the 52nd Annual

# CREATIVE LIVING SERIES

Supported in part by an award from the National Endowment for the Arts.



### **EDITH HEAD'S HOLLYWOOD**

Paddy Calistro • Thursday, April 21, 10 a.m.

Sneak Peek at Our 2016 - 2017 Season

2016

October 20: Rick Guidotti, On Beauty: Positive Exposure November 17: Andrew Carroll, Here is Where: Discovering America's Great Forgotten History

2017

January 19: Mary Fons, A Thirtysomething Quilter Tells All February 16: David Catlin, Making Theater March 16: Dr. Robert Martin, How We Do It: The Evolution and Future of Human Reproduction

April 20: Mary Badham, Gregory Peck, Harper Lee & Me

Coffee & conversation at Stage Left 9 a.m.
Visit woodstockfinearts.org to read more

Single tickets for April 2016 show, \$24. Visit woodstockoperahouse.com or contact the box office at (815) 338-5300 to purchase tickets.







CALLING ALL WOODSTOCK RESIDENTS! DICK TRACY DAY IS BACK FOR 2016!

# **DICK TRACY DAY 2016**

### SATURDAY, JULY 2, 2016 1-5:00PM ON THE WOODSTOCK SQUARE

- Have fun with our Living statues and take funny photos in our villain cutouts
- Put yourself in a Dick Tracy Comic Strip with our green screen booth
- Join Historical Walking tours and make Dick Tracy crafts at the Mobile Library
- Sidewalk chalk drawing contest for kids and take photos "in jail" with Dick Tracy
- Dick Tracy themed cookies, cupcakes, and drinks at participating vendors
- Bid on unique items (including rare Dick Tracy Collectibles) at our Silent Auction
- See the Chester Gould Documentary at the Stage Left Cafe

Also, view the display of our nearly mile long entry for the Guinness Book of World
Records' Longest Cartoon Strip by a Team!
See guidelines and register for FREE to trace a section at
FriendsoftheOldCourthouse.com



All proceeds will go to Friends of the Old Courthouse, a new community group dedicated to restoring the Old Courthouse & Sheriff's House on the Woodstock Square.

# NATIONAL PUBLIC WORKS WEEK

National Public Works Week is celebrated nationwide from May 15 - 21, 2016. The purpose of this campaign is to call attention to the importance of public works and the staff members who provide services to all communities on a daily basis. In Woodstock, these services are provided by 42 trained professionals whose duties include, but aren't limited to, pumping and treating an average of 2.4 million gallons of drinking water per day, treating and discharging an average of 3.6 million gallons of sanitary sewage per day, maintaining 117 miles of water main, 107 miles of sanitary sewer main, 20 lift stations, 83 miles of storm sewer, 2,200 catch basins and 2 water pressure booster stations. In addition, public works snowplows and maintains over 117 centerline miles of streets, mows and maintains over 525 acres of park land and provides engineering and administrative services to our residents.

# UPCOMING CONSTRUCTION PROJECTS

Pending funding approval, the Department of Public Works will oversee the following construction projects this summer:

- STREET RESURFACING PROGRAM The City anticipates spending approximately \$1,100,000 for street resurfacing & maintenance improvements during the 2016 construction season. The program is funded from dollars received thru the Tax Increment Financing fund (TIF) and the Capital Improvement Fund (CIP). Funds are specifically set aside for repairs and resurfacing improvements which may include some storm sewer re-construction, curb and gutter removal and replacement, sidewalks, manhole adjustments, surface grinding, pavement pulverization and/or base repairs prior to installation of a final surface course. Once the surface work is completed, final pavement striping will be completed. A list of streets scheduled for resurfacing in 2016 was not available at this writing; however, it will be available for review once the budget review process is complete.
- ROUTE 14 RECONSTRUCTION AND WIDENING PROJECT The reconstruction and widening of US Route 14, from West Lake Shore Drive, in the City of Woodstock, to Crystal Lake Avenue, in the City of Crystal Lake began as scheduled in the fall of 2014. This project, when completed in the fall of 2016, involves the reconstruction and widening of a two-lane roadway facility to a four-lane roadway facility with a divided median. Work is proceeding thru the months ahead, as weather permits, and is expected to be completed on schedule.

- ROUTE 14 Multi-use Path Gap Project The City of Woodstock, McHenry County, McHenry County Conservation District, and the Illinois Department of Transportation are working on a joint project to construct a 10' wide multi-use path along the north side of U.S. Rt. 14 from Lake Avenue to West Lake Shore Drive. Work is scheduled to begin this summer and completed later the fall. As per the agreement, the State of Illinois will pay for 80% of the construction costs, McHenry County will pay the remaining 20% of construction costs, and the Conservation District will provide ongoing maintenance.
- RAINTREE PARK SILT REMOVAL Over a period of time, silt and sediment that is picked up and carried by stormwater during rainfall events settles out in the Raintree Park detention basin. The build-up of material traps water and prevents the basin from drying out. This inhibits routine mowing, reduces overall storage capacity, and encourages mosquito breeding. The City is working with a local contractor to have the material removed and temporarily stored on the E. Lake Street parking lot while it dewaters. Once the material is dry, it will be loaded onto trucks and hauled to a landfill site by the contractor. The final restoration of the disturbed area includes minor re-grading and seeding. Assuming favorable weather conditions, this project should be completed later this summer/fall. Removal work will begin as soon as the ground is stable enough to support the weight of the equipment.
- WALNUT DRIVE, ASH AVENUE, TAPPAN STREET STORM SEWER IMPROVEMENTS Engineering plans were prepared and bids have been received for a three (3) phase storm sewer project that will reduce the flooding of low lying properties near the intersection of Walnut Drive and Ash Avenue after heavy rainfall events. The project is partially funded through grants received from the Community Development Block Grant program. These funds are available through the Housing and Urban Development (HUD) program and administered through McHenry County's Planning & Development Department. Phase 1 and phase 2 improvements are scheduled to begin in the spring of 2016 and will be completed in the fall of 2016. Phase 3 work is scheduled to begin in the spring of 2017 and completed later that summer.
- SIDEWALK REPAIR / REPLACEMENT PROGRAM The City's sidewalk replacement program typically begins around May 1 and goes through October 1. In 2015, the Street Division replaced 1,414 linear feet of sidewalk in the City of Woodstock; they hope to meet or exceed these numbers in 2016. If you have a hazardous sidewalk along your street frontage, please contact the Department of Public Works @ 815 338-6118.

- RYDER'S WOODS ACTIVITY The Land Conservancy of McHenry County (TLC) has worked with the City of Woodstock for a number of years now helping with the restoration of passive park sites owned by the City. One of the City's passive sites is Ryder's Woods. Since 2007, TLC's staff and volunteers have completed much of the needed restoration of the oak woodland, wetland, and prairie at Ryder's Woods encouraging the return of the park's wildlife and wildflowers except for one area where concrete debris was dumped many years ago. TLC recently received a grant from the McHenry County Community Foundation and has partnered with the City of Woodstock to remove all of the old concrete which is the final stage of restoration at Ryder's Woods. Once the restoration is complete, TLC will continue to utilize this park site to conduct school and summer family ecology workshops.
- SIDEWALKS CONSTRUCTED IN 2016 THRU SAFE **ROUTES TO SCHOOLS GRANT FUNDING - In 2014.** the City received a grant to construct new sidewalk in the public rights-of-way on a school travel route to the Northwood Schools Complex. Engineering services for design are almost complete and it is anticipated that bids will be opened sometime in July 2016 with construction following shortly thereafter. Through this project, new sidewalk will be constructed on:
  - West side of Tappan Street from Willow to Summit
  - South side of Meadow from Jewett to Tappan
  - North side of Summit from Tappan to Wheeler
  - Fill gaps on the north side of Meadow near Queen Anne
  - Fill gaps on the east side near Meadow & Clay
  - Fill gaps on both Clay Street & Walnut Drive near this intersection
- CITY COUNCIL APPROVES ENGINEERING FOR **ROUNDABOUT** - A contract for design engineering has been approved for intersection improvements at Lake/ Madison/ South Street. Intersection improvements and the construction of a roundabout at this location can be expected to result in the following benefits:
  - Improve the appearance of this intersection which is a gateway location along one of the primary perimeter streets leading to the downtown;
  - Allow for the opportunity to install wayfinding and guidance signage to define an access route to the downtown;
  - Allow features from established streetscape improvements to be installed which will help announce to motorists that they are entering the downtown district; and
  - Improve traffic flow, reduce congestion, and reduce vehicle waiting time resulting from the existing five way intersection.

Based upon the recommendations of the Woodstock Square Streetscape Guidelines for improvements at the intersection of Lake/ South/Madison, City staff entered this project into the McHenry County Council of Mayors Surface Transportation Program (STP) in 2013. STP funding will provide for the reimbursement of 80% of the total cost for construction and construction engineering (Phase III) services for approved projects up to a maximum of one million dollars. Based upon the breakdown of estimated costs from HLR for the City's roundabout project, the City could receive reimbursement of approximately \$900,000 for a project which is estimated to cost \$1,122,074 to construct. Actual construction of the roundabout will likely take place in 2018 or 2019.



# **2015 ANNUAL** WATER QUALITY REPORT

PLEASE GO TO

WWW.WOODSTOCKIL.GOV/WATERQUALITYREPORT TO VIEW YOUR 2015 ANNUAL WATER QUALITY REPORT AND LEARN MORE ABOUT YOUR DRINKING WATER.

This report contains important information about the source and quality of your drinking water during 2015. If you would like a paper copy of the 2015 Annual Water Quality Report mailed to your home, please call the Department of Public Works Monday through Friday,

8:30am to 5:00pm at (815) 338-6118



### HYDRANT FLUSHING

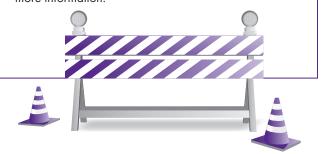
The City's Department of Public Works is flushing hydrants this spring as preventive maintenance. Spring and fall hydrant flushing is completed for several reasons. Flushing tests fire hydrants to make sure adequate flow and pressure is available. Flushing removes sediment from water mains in order

to maintain water clarity and quality. During this process, water is safe to drink. Hydrant flushing can result in discolored water. If this happens, run your cold water tap a few minutes until the water clears. If it does not clear the first time, wait an hour or so, then run the water again. You should not wash clothes when hydrants in your area are scheduled for flushing. Hydrants are flushed Monday through Friday for a three-week period, starting in May on the following schedule:

ALL HYDRANTS WEST OF IL ROUTE 47 **MAY 2 THROUGH MAY 10** ALL HYDRANTS EAST OF IL ROUTE 47 **MAY 11 THROUGH MAY 19** 

### **BLOCK PARTIES**

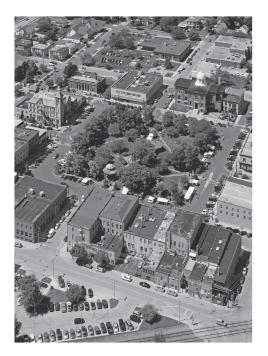
Block parties are an excellent opportunity for neighborhood residents to enjoy a summer weekend and to get to know each other better. Whenever possible, the City encourages these neighborhood activities by providing supplies such as barricades to close the street, picnic tables, and trashcans for the party's refuse. The City cannot close major streets for block parties, and residents are encouraged to request City approval before final plans are made. City approval is required to close a street for a block party, and the block party application must include the approval of every resident on that street. Residents may call the Department of Public Works at 815-338-6118, or via e-mail at pwdept@woodstockil.gov for more information.





### **OLSON PARK SPRAY POOL HOURS**

A unique park amenity for Woodstock's children is the spray pool located at Olson Park (corner of Clay St. and Bagley St.). The spray pool will be turned on daily (once the school session has ended for the summer) when the air temperature is 80 degrees or higher between the hours of 9:30 am and 3:00 pm.



## PARKS HOURS AND RULES

EMRICSON PARK: It shall be unlawful for any person to be present in Emricson Park between the hours of 11:00 pm (or not more than 15 minutes following the completion of a city-approved recreational activity (whichever is later)) and 5:00 am.

BATES PARK: It shall be unlawful for any person to be present in Bates Park between the hours of 10:00 pm (or not more than 15 minutes following the completion of a city-approved recreation activity (whichever is later) and 5:00 am.

SESQUICENTENNIAL PARK AND PARK IN THE SQUARE: It shall be unlawful for any person to remain in Sesquicentennial Park or Park in the Square between the hours of eleven o'clock (11:00) pm or not more than fifteen (15) minutes following the completion of a City-approved recreational activity (whichever is later) and five o'clock (5:00) am. Pedestrian traffic is allowed during prohibited hours provided that pedestrians traverse the Park without stopping or loitering.

ALL OTHER PARK SITES: It shall be unlawful for any person to be present in all other municipally-owned parks within the City between dusk and dawn (or not more than 15 minutes following the completion of a city-approved recreational activity (whichever is later}) and 5:00 am.

### **NEW TO WOODSTOCK?**

Welcome to historic Woodstock! New residents should stop by City Hall to meet the City staff, find out about City services, recreation programs, parks, Opera House performances, and all the other great things Woodstock has to offer! We have a brochure available that contains important information about public services as well as certain regulations of which persons new to the community should be aware. The brochures may be picked up at Woodstock City Hall (121 West Calhoun Street) or call 815-338-4300 and request to have a brochure mailed directly to your address.

### www.woodstockil.gov

For the latest information, including City Council agendas and minutes, a calendar of events, and "What's Happening in the City," visit the City's web site, www.woodstockil.gov. You can also contact the City through the website, and you will receive a response back from City staff within 24 business hours.

#### **ADA Statement**

The City of Woodstock complies with the Americans with Disabilities Act (ADA) which prohibits discrimination on the basis of a disability. The City will make reasonable accommodations to its facilities and services to enable participation by individuals with a disability. Please advise City staff at least 72 hours prior to a public meeting and one week prior to the need for a service so that accommodations can be made. If you feel that you have been discriminated against by the City, please call the City Manager's Office at 815-338-4301.

#### **PUBLISHER'S STATEMENT**

Woodstock City Scene is published three times a year by the City of Woodstock, Illinois. This edition has been mailed to all 60098 postal patrons and residents of West Wonder Lake. If you experience delivery problems, please call the Woodstock Recreation Department. Comments and suggestions are welcome and should be addressed to the City Manager's Office, Woodstock City Hall, 121 W. Calhoun Street, Woodstock, IL 60098 or by calling 815-338-4301. To view a complete copy of City Scene, log onto www.woodstockil.gov.



### ¿ES NUEVO EN LA CIUDAD DE WOODSTOCK?

iBienvenido a la histórica Woodstock! Todo residente nuevo debe pasar por el Municipio para conocer a los miembros del personal, informarse de los servicios de

la ciudad, programas recreativos, parques, presentaciones en la Opera, y las grandes cosas que Woodstock ofrece! Disponemos de un folleto que contiene información importante sobre los servicios públicos, asi como, ciertas regulaciones de las que toda persona nueva en la comunidad debe estar al tanto. El folleto se puede obtener tanto en el Municipio de Woodstock (121 West Calhoun Street) o llamando al 815-338-4300 y solicitando que se lo envíen por correo directamente a su dirección.

#### INFORMACION DEL ADA

La Ciudad de Woodstock cumplirá con el "Americans with Disabilities Act" (Decreto de Americanos Incapacitados (ADA), la cual prohibe la discriminación por incapacidad. El Municipio hará ajustes razonables en sus instalaciones y servicios para posibilitar la participación de personas incapacitadas. Por favor informe al personal del Municipio con por lo menos 72 horas de anticipación a una asamblea publica y una semana antes si requiere de algun servicio, para que se efectuen las acomodaciones necesarias. Si considera que ha sido de alguna manera discriminado por la Ciudad, por favor comuníquese con la oficina del Administrador de la Ciudad al 815-338-4301.

### INFORMACION DEL EDITOR

"Woodstock City Scene" es una publicación trimestral de la Ciudad de Woodstock, Illinois. Esta edición ha sido enviada por correo a los 60098 patronos postales y residentes de Wonder Lake Oeste. Si tiene problemas con el servico de entrega, por favor comuníquese con el Departamento Recreativo de Woodstock. Si no está en el área del servicio de entrega, llame al personal del Departamento Recreativo (815.338.4363) para que sea incluído en la lista correspondiente. Comentarios y sugerencias son bienvenidos y deben ser dirigidos a la oficina del Administrador de la Ciudad, Municipio de Woodstock, 121 W. Calhoun Street, Woodstock, IL 60098 o comunicándose al 815-338-4301.

### **SPANISH ASSISTANCE**

If you need help in Spanish to answer your questions or concerns regarding City services or programs, please call us.

815-338-4301

### AYUDA EN **ESPAÑOL**

Si usted necesita ayuda en español de contestar sus preguntas o preocupaciones con respecto a los servicios o programas de la ciudad, llame por favor.

815-338-4301



### CITY BOARDS AND COMMISSIONS

The City of Woodstock relies upon input from residents who serve on boards and commissions on a volunteer basis. Residents interested in serving may contact the Mayor's Office at 815-338-4302.

A complete list of boards and commissions and their meeting dates are listed below:

Board of Building Construction	As needed
Cultural & Social Awareness Commission	onQuarterly
Economic Development Commission	2nd Tuesday
Electrical Commission	As needed
Environmental Commission	As needed
Board of Fire and Police	Quarterly
Historic Preservation Commission	4th Monday
Library Board	1st Thursday
Old Courthouse &	
Sheriff's House Advisory Commission	3rd Monday
Opera House Advisory Commission	As needed
Parks and Recreation Commission	2nd Tuesday
Plan Commission	4th Thursday
Police Pension Board	Quarterly
Transportation Commission	3rd Wednesday
Zoning Board of Appeals	. 2nd Monday/As needed

### RECYCLING BINS AVAILABLE AT CITY HALL



With the wide variety of materials that Woodstock residents can recycle through MDC Environmental Services, some households may need more than one recycling bin. If you need additional recycling bins, they are available at

the information desk located on the first floor of City Hall. Two styles of containers are available: a carry-style bin for \$8.00, and a slightly-used wheeled recycling toter for \$20.00.

Residents are encouraged to print their street addresses clearly on the bins. Hopefully, any found bins will then be returned to the correct house if the bins blow away.

# CITY PHONE DIRECTORY & EMAIL DIRECTORY



City Hall General Information	815.338.4300
City Hall TDD	815.338.1172
City Manager Roscoe Stelford <u>citymanager</u>	815.338.4301 <b>@woodstockil.gov</b>
Economic Development Director	015 000 017/
Garrett Anderson aanderson	815.338.31/6 @woodstockil.gov
D. 1.1.1. 0.7. 1. D	_
Building & Zoning Director Joe Napolitano	815.338.4305
<u>įnapolitano</u> (	<u>@woodstockil.gov</u>
Dial-A-Ride	815.338.5240
Finance Director	
Paul Christensen	
<u>pchristensen@</u>	@woodstockil.gov
Human Resources Director Deb Schober <b>dschober</b> (	
Library Director Nick Webernweber	815.338.0542
Library TDD	
Mayor's Office	815.338.4302
	<u>@woodstockil.gov</u>
Opera House Director John Scharres <b>ischarres</b>	
Opera House Box Office	815.338.5300
Police Chief Bob Lowenrlowen	815.338.6787 <b>@woodstockil.gov</b>
Public Works Director	
Jeff VanLanduyt	815.338.6118
<u>įvanlanduyt</u>	<u>@woodstockil.gov</u>
Recreation Director Dave Zinnen	815.338.4363
	<u>@woodstockil.gov</u>
Water and Sewer Billing	815.338.4300
<u>waterbilling@</u>	<u>@woodstockil.gov</u>

## **CITY COUNCIL**

Mayor Dr. Brian Sager	815.338.4302
Council Member Daniel Hart	815.321.4481
Council Member Maureen Larson	815.308.8866
Council Member Mark Saladin	815.790.3864
Council Member Joe Starzynski	815.245.4954
Council Member RB Thompson	815.714.4056
Council Member Mike Turner	262.422.5663

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**Stacy Syrcle, MD**Obstetrics and gynecology



**Ricca Zaino, MD**Obstetrics and gynecology

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**City Information** 

**City Boards & Commissions** 

**Public Works** 

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